2025 Community Health Assessment Resident Survey Key Findings

The Clinton County Health Department asked county residents for their opinions on health, social and environmental issues in the community. They were also asked to identify any barriers to medical care experienced by themselves or their family in the past year. Surveys were collected from 1,523 residents. For a full report of all findings visit https://health.clintoncountyny.gov/pdf%20files/ResidentSurvey.pdf.

35%

of respondents agree or strongly agree they live in a healthy community.

The top features of a healthy community were identified as:

- Affordable housing
- Health care services
- Livable wages
- Safe environment
- Clean environment
- Drug & alcohol free communities
- Good schools

90% faced at least 1 health challenge in the past year.



• 42% experienced a mental health challenge.



37% lacked access to a health care specialist.



• 36% were overweight or obese.



30% lacked access to dental care.



• 29% had a chronic disease.





Aging infrastructure was the top environmental concern with more than half of residents surveyed selecting it.





More than **45%** of respondents indicated **stream**, **river**, **or lake quality** was an environmental concern.

1 in 5

respondents reported they or a family member experienced a lack of opportunities for physical activity in the last year.

68%

faced at least 1 barrier to receiving medical care in the past year.

Most common barriers:

- No specialist appointment
- No local specialist
- Did not accept my insurance
- No primary appointment
- Could not leave work or school

46%

of respondents feel affordable housing is a social challenge in our community.

1 in 5

respondents had difficulty accessing healthy food in the past year.

73%

reported at least 1 social challenge in the past year.

Top ranked challenges:

- Lack of a livable wage
- Lack of affordable housing
- Bullying
- Opportunities for physical activity
- Street Safety
- Access to healthy foods

