### Clinton County Medical Reserve Corps (CCMRC)

#### Who can volunteer?

Anyone! You do not have to have a medical or healthcare background to be a MRC volunteer.

We are also always looking for practicing or retired licensed, registered or certified healthcare workers, such as:

CNAs EMTs

Nurses Healthcare students Physicians NPs/ PAs/ CNMs

Dentists Pharmacists
Counselors Therapists

Veterinarians



#### Why should I volunteer?

By volunteering you can:

- Directly impact the health of our community,
- Connect with other volunteers, and
- Keep skills current after retirement.



## How much time do I have to spend volunteering?

To be a CCMRC volunteer you must complete an initial core training. Trainings are offered both in person and online and include *Incident Command Systems (ICS) HIPPA*, and *Psychological First Aid*.

As a volunteer you also have the option to receive additional trainings throughout the year, including: CPR, Personal Preparedness, and advanced ICS courses.

Volunteers can choose to be a part of community outreach and education efforts, emergency response, or both depending on their interest.

### What do CCMRC volunteers do?

CCMRC volunteers help local emergency and public health workers in a variety of settings, including:

- Large health emergencies,
- Public outreach activities,
- Health Department Drills and Trainings,
- Vaccine clinics.

Interested volunteers may also assist with the operation and deployment of other volunteers.

# Join our team today!

To become a volunteer:

1) Register online at **www.clintonhealth.org**.



For Questions and/or help

Call (518) 565-4840