Food and Nutrition Security Screening

For Health, Human Services, Education, and Social Service Providers

More information about USDA Food Security Screening Tools can be found here: https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-u-s/survey-tools/ The U.S Household Food Security Survey Module is a 3-stage design which includes all 18 items. The U.S Adult Food Security Survey Module also includes 3 stages however, is only 10 items as questions regarding children have been omitted. For surveys that cannot implement the 18-item or 10-item measures, the "Short Form" 6-item scale provides a reasonably reliable substitute though severe levels of food insecurity and conditions of children are not included. Ideally, the ENTIRE survey is completed but most households are only asked the first 3 (or 5 if there are children).

Common Barriers to Food and Nutrition Security:

- Lack of transportation
- Lack of access (i.e living in food deserts)
- Inadequate materials for food preparation or food storage
- Low understanding of safe food preparation/ handling
- Lack of time
- Single parent household
- Low income
- Family members with special needs

Food Security Fact:



13.5 Million U.S households were food insecure at some time during 2021.

4 Things Providers Can Do:

Screen for Food and Nutrition Security at each visit.

Be aware that food and nutrition security is a continuum; it is ever changing. A person who may have been consistently food secure in the past may trigger as insecure in the future. It is the providers job to be comfortable having these conversations.

Understand which resources are available in your area. (see reverse side)

The resources your clients may need will vary depending on their situation. Keep in mind that individuals may have different needs each visit.

Discuss 2-1-1 for additional support OR visit:

If you are a provider that bills for services: use code ICD-10 Z59.4 for food and nutrition insecure individuals to signifyy lack of inadequate food and safe drinking water.

https://211ny4regions.communityos.org/adirondack

Understand the Risks of Continuous Food and Nutrition Insecurity

Consequences in Children:

- Increased risk for delayed development
- Increased risk for developing asthma
- Increased risk of becoming anemic
- More prone to anxiety and social isolation
- Higher risk of having behavioral issues or aggression
- Increased risk of having to repeat a grade in school
- More likely to develop hyperactivity
- Increased risk for eating disorders later in life

Consequences in Adults:

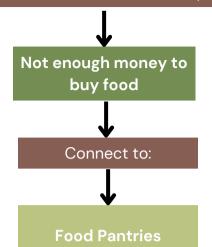
- Increased risk of developing mental health conditions
- Increased risk of developing all 10 chronic conditions:
 - Diabetes
 - Cornonary heart disease
 - Hypertension
 - Asthma
 - Arthiritis

- Hepatitis
- Stroke
- Cancer
- COPD
- Kidney disease





Identify the Root Causes of Insecurity Through Further Discussion



JCEO-Altona

Altona Town Hall 3124 Miner Farm Rd. Altona, NY 12910 (518) 236-7621 ext. 107 Friday 8:30am - 4:00pm

JCEO-Ausable 1908 Rt. 22 Keeseville, NY 12944

JCEO-Black Brook

Black Brook Black Brook Town Hall 18 North Main St. Ausable Forks, NY 12912 (518) 647-5411 ext. 3 Tues & Thurs 7:30am -4:30pm

JCEO-Champlain Champlain Village Office 1104 Rt. 9 Champlain, NY 12919 (518) 298-2373 Mon, Wed, Thurs 10:00am- 2:30pm Tues 10:00am - 3:30pm

JCEO-Chazy West Chazy Town Hall 9631 State Rte. 22 West Chazy, NY 12992 (518) 493-3491 Tues & Thurs 8:30 am -2:30 pm Wed 8:30am - 2:00pm

JCEO-Champlain Champlain Village Office 1104 Rt. 9 Champlain, NY 12919 (518) 298-2373 Mon, Wed, Thurs 10:00am- 2:30pm Tues 10:00am - 3:30pm

JCEO-Chazy

JCEO-Chazy West Chazy Town Hall 9631 State Rte. 22 West Chazy, NY 12992 (518) 493-3491 Tues & Thurs 8:30 am -2:30 pm Wed 8:30am - 2:00pm

JCEO Main Office 9:00 am - 12:00 noon
54 Margaret St. Plattsburgh, Friday 4:00pm—6:00pm
NY 12901
(518) 561-6310
Salvation Army

Monday 1:00pm-3:30pm Tues-Fri 12:00pm - 3:30pm Churubusco Town Hall Churubusco, NY (518) 497-6133 Monday-Friday 8:30 am - 11:30 am

JCEO-Ausable 1908 Rt. 22 Keeseville, NY 2944 (518) 834-9043 Mon & Fri 7:30am - 5:00pm Tues & Thurs 8:30 - 4:00

JCEO-Ellenburg Municipal Building 16 Edmunds Way Ellenburg Center, NY 12934 (518) 594-3007 Mon-Thurs 8:30am -4:00pm

(518) 492-7357 Tues & Thurs 8:30 - 4:00

JCEO-Ellenburg

Municipal Building 16 Edmunds Way Ellenburg Center, NY 12934 (518) 594-3007 Mon-Thurs 8:30am -4:00pm

JCEO Schuyler Falls: Schuyler Falls Town Hall 997 Mason Street, Morrisonville, NY 12962 (518) 563-1129 ext. 7697 Tues 7:30am - 5:00pm Thurs 8:30am - 2:00pm

JCEO-Town of Plattsburgh

1349 Military Turnpike Plattsburgh, NY 12901 (518) 825-0742 or (518) 563-6301 ext. 6 Mon - Thurs 8:30am -4:00pm

Plattsburgh Interfaith Food

Shelf United Methodist Church 127 Beekman Street Plattsburgh, NY (518) 562-3663 Monday - Friday

Salvation Army 4804 So. Catherine St. Plattsburgh, NY 12901 (518) 561–2951 Monday – Thursday 9:00 am – 1:30 pm 1:00 pm – 3:30 pm 9:00 am - 11:30 am

Difficulty getting to food outlets

Connect to:

Transportation Resources

Clinton County Public Transit (CCPT)

www.clintoncountypublictransit.com/routes.htm (518) 565-4713

Retired & Senior Volunteer Program (518) 566-0944

JCEO Medical Transportation Clinton County 518-561-6310

Home Delivered Meals Program (518) 561-8320

Hannaford To-Go

https;//www.hannaford.com/home/home.jsp

Instacart

WeCare Transport (518) 651-7499

OR

Nutrition Benefits Resources

Supplemental Nutrition Assistance Program

(518) 563-4022 ext. 112

Women, Infants, Children (WIC)

www.clintonhealth.org/wic 518-565-4830

Senior Meal Sites

(518) 561-8320

https://www.clintoncountygov.com/aging/servic es-for-the-aging/nutrition-services

Fresh Connect

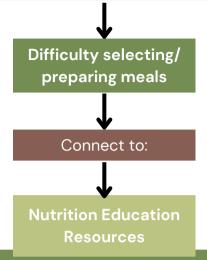
https://freshconnect.ny.gov/

Summer Meals

https://hungersolutionsny.org

Office of the Aging

https://www.clintoncountygov.com/aging/servic es-for-the-aging/nutrition-services (518) 561-8320



Cornell Cooperative Extension

http://cceclinton.org/food-nutrition (518) 561-7450

Clinton County Health Department

www.clintonhealth.org

Women, Infants, Children (WIC)

www.clintonhealth.org/wic 518-565-4830

Jo Dragoon Morse R.D.

Plattsburgh, NY 12901 (518) 561-8320 (must be 60+)

Mountain View Pediatrics

18 Feathers Drive, Plattsburgh, NY, 12901 (Only for those under the age of 18)

CVPH Enderinology 210 Cornelia Street Suite 401 Plattsburgh, NY (Counseling for patients with Type 1 or Type 2 diabetes or gestational diabetes)

Food Security Facts:

Of all Americans in 2014...



31% had to choose between food and education



40% watered down food and drinks



66% had to choose between food and medical care



69% had to choose between food and utilities



79% had to buy inexpensive, unhealthy food.

Source: Feedingamerica.org