## EAT SMART, WASTE LESS CLINTON COUNTY

Eat Smart, Waste Less Clinton County (ESWL) is a two-year (2024-2026) grant to decrease food waste. Supported through funding from the NYS Department of Environment (DEC), ESWL aims to expand the number and accessibility of food waste recycling opportunities and improve food recycling behaviors in Clinton County.

## Why?

Research shows that 94% of all food waste ends up in landfills. As that food rots, it releases methane gas. Methane is one of the greenhouse gases responsible for warming the planet beyond normal levels. However, 92% of local survey participants (2019-2022) indicated that reducing food waste was important to them. Targeting individual and household habits is one of the easiest and most cost-effective ways of reducing and repurposing food waste.

## Health & Environment

Environmental conditions, especially those that create hazards, affect our quality of life and years of healthy life lived. Often, to improve our physical health, we must improve the environmental conditions around us. Changing how we think about and manage our food waste can directly impact multiple public health issues, including food insecurity and global warming.

## How?

Through this initiative, CCHD plans to:



Provide education and instruction on home-based food waste reduction strategies.



Increase the number and accessibility of food scraps recycling drop-off sites.



Establish and implement food waste reduction policies with consumer-facing businesses.



Increase access to tools and resources for food waste management.

For more information about food waste reduction or to participate in any of these activities, call the Division of Health Planning and Promotion at 518-565-4993, visit <a href="https://health.clintoncountyny.gov/foodwastereduction/">https://health.clintoncountyny.gov/foodwastereduction/</a> or scan the QR Code.



