

# Why Compost?



Research shows that 94% of all food waste ends up in landfills. As that food rots, it releases methane gas. Methane is one of the greenhouse gases responsible for warming the planet beyond normal levels. Targeting individual and household habits is one of the easiest and most cost-effective ways of reducing food waste.

**Compost strengthens soil and promotes healthy plant growth.**

**Composting supports local lands and the local economy.**

**Composting recycles essential nutrients back into the soil.**

**Soil with compost added to it can hold 2.5 times more water than traditional soil.**