

Clinton County Health Department

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"Working Together for a Healthier Community"

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News Release

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Healthy Neighborhoods Program to Target Town of Saranac Residents

Saranac, NY, March 21, 2024. The Clinton County Health Department's (CCHD) Healthy Neighborhoods Program (HNP) will be conducting door-to-door outreach in the Town of Saranac. HNP staff will provide brief, in-home surveys to identify health and safety concerns and provide appropriate home safety education and products at no cost to the families that participate.

"These visits are designed to assess health and safety topics in the home. Once safety concerns have been identified, staff will educate residents on those identified issues and provide appropriate home safety products, such as smoke alarms, carbon monoxide detectors and fire extinguishers," explained Maryann Barto, Public Health Educator.

During the home visit, HNP staff will discuss fire safety and determine the best way to reduce household accidents. Education also includes: indoor air quality, carbon monoxide poisoning, lead poisoning and other household health and safety topics. When appropriate, HNP will also cover asthma prevention tactics in order to reduce airway irritants in the home and infant safety concerns. Information about community resources and referrals to other programs will also be made available during these visits.

The Town of Saranac will be the focus region for April-June. However, participation in the Healthy Neighborhoods Program is **free and open to all Clinton County residents.** Residents who are interested in participating in the program can contact HNP at (518) 565-4870 or www.clintonhealth.org/healthyneighborhoods to schedule a visit.

"This is a great opportunity for our residents to receive education and free products provided by CCHD. We encourage all residents to sign-up for this program and schedule an appointment with our staff," added Ms. Barto. "We strive to help families have the safest home possible."

About the Clinton County Health Department:

The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department's Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at <u>www.health.clintoncountyny.gov</u> or connect with us on Facebook (@clintonhealth), X (Twitter [@ClintonCountyHD]), and Instagram (clintoncountyhealth).

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