



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: January 4, 2022  
For Immediate Release  
Contact: 518-565-4840

### CCHD COVID-19 Vaccination Clinics to Expand

**Plattsburgh, January 4, 2022.** The Clinton County Health Department (CCHD) will be offering expanded hours and additional dates for COVID-19 vaccination with additional staffing provided by the New York State Department of Health (NYSDOH).

These clinics are open to all residents 12 and over needing dose 1, 2 or 3 (due to being a moderately or severely immunocompromised individual). Boosters are available for those 16 and over with at least 6 months since their second dose of vaccine. Residents can take advantage of these additional appointments by visiting [www.clintonhealth.org/covid19vaccine](http://www.clintonhealth.org/covid19vaccine) and registering for an available time slot.

**CCHD’s current COVID-19 vaccination schedule is as follows:**

- **Thursday, January 6, 2022. 10:00 am to 4:00 pm.**
- **Thursday, January 13, 2022. 10:00 am to 4:00 pm.**
- **Thursday, January 20, 2022. 10:00 am to 6:00 pm.**
- **Thursday, January 27, 2022. 10:00 am to 4:00 pm.**

Clinics will be held in the Clinton Community College Gymnasium located at 158 Clinton Point Drive in Plattsburgh.

All currently approved or authorized COVID-19 vaccines are safe and effective and reduce your risk of severe illness. Booster shots are now available for everyone ages 16 and older who completed their primary vaccination series at least 6 months prior. Though the FDA has authorized the use of boosters among those ages 12-15, NYS has not yet given final approval for these doses. Please check back frequently for more information. To learn more about COVID-19 vaccination, visit <https://www.cdc.gov/coronavirus/2019-ncov/vaccines>.

**About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

www.clintonhealth.org



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: January 5, 2022  
For Immediate Release  
Contact: 518-565-4840

### Updated Guidance for Isolation and Quarantine

**Plattsburgh, January 5, 2022.** The Clinton County Health Department (CCHD) has received notification that NYSDOH is aligning with CDC’s updated/shortened isolation and quarantine recommendations. CCHD will begin implementing this guidance in isolation calls made starting Wednesday, January 5, 2022.

For isolation and quarantine of the general population, follow the CDC recommendations (CDC Updates and Shortens Recommended Isolation and Quarantine Period for General Population) as follows:

- For isolation:
  - Isolate for 5 days, where day 0 is the day of symptom onset or (if asymptomatic) the day of collection of the first positive specimen.
    - If asymptomatic at the end of 5 days or if symptoms are resolving, isolation ends and the individual should wear a well-fitting mask while around others for an additional 5 days.
    - Individuals who are moderately-severely immunocompromised should continue to follow standard (i.e., not shortened) Isolation Guidance. Individuals who are unable to wear a well-fitting mask for 5 days after a 5-day isolation should also follow standard (i.e., not shortened) Isolation Guidance. O
- For quarantine:
  - If exposed to COVID-19, quarantine as follows, where day 0 is the last date of exposure:
    - If fully vaccinated and boosted (with the booster at least 2 weeks before the first date of exposure) or not yet eligible for a booster, no quarantine is required but these individuals should wear a well-fitting mask while around others for 10 days after the last date of exposure. If possible, test at day 5 with either a nucleic acid amplification test (NAAT, e.g., PCR) or antigen test.
    - If not fully vaccinated or fully vaccinated and eligible for a booster but not yet boosted, quarantine for 5 days and wear a well-fitting mask while around others for an additional 5 days.
    - If symptoms appear, quarantine and seek testing. In this situation, quarantine would end when the test is negative. If testing is not done, isolate according to the guidance above.

If you are currently quarantined or isolated, please be patient. CCHD is actively seeking additional guidance on implementing these changes retroactively.

At this time, case numbers in Clinton County are extremely high. As such, residents who have tested positive on a lab-confirmed test may be delayed in hearing from a case investigator. If you have tested positive,



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

please stay home and self-isolate while you await further guidance from CCHD. Separate yourself from other household members and notify any close contacts of their exposure.

**About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**“Working Together for a Healthier Community”**





## CLINTON COUNTY Office of EMERGENCY SERVICES

# Press Release

**To:** All Media Outlets  
**From:** Eric Day  
**Date:** January 5, 2022  
**Re:** COVID Supplies

---

**FOR IMMEDIATE RELEASE**

CONTACT: Eric Day  
PHONE: 518-565-4792  
eric.day@clintoncountygov.com

### **Clinton County Distributes COVID-19 Home Test Kits and Masks**

**January 5, 2022**

Clinton County is making available the first shipments of COVID-19 Test kits and KN-95 Masks that have been received from the State of New York for public distribution. The County has received 35,000 KN-95 masks and 3,600 COVID-19 at home self-test kits and is actively distributing them to municipal offices across the County including all Town and Village offices as well as Plattsburgh City Hall.

These resources are in short supply and of course, given the quantities received to date, will not be available for every individual at this time. Please contact your Town, Village or City office to check on availability tomorrow, Thursday the 6<sup>th</sup>. As additional resources are procured through follow on shipments of both of these limited resources Clinton County will continue to share them county-wide.

END OF RELEASE



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

www.clintonhealth.org



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: January 10, 2022  
For Immediate Release  
Contact: 518-565-4840

### Updated Guidance for Isolation and Quarantine

**Plattsburgh, January 10, 2022.** Clinton County continues to experience a high number of new daily COVID-19 cases. The Clinton County Health Department (CCHD) is working to complete case investigations as quickly as possible. However, with the significant increase in cases coupled with the revised NYSDOH guidance for shortened isolation and quarantine, it is very likely many new cases will not receive a call from CCHD or the NYS Virtual Call Center (VCC). CCHD and the VCC are prioritizing calls to the highest risk cases.

If you have tested positive for COVID-19, stay home and isolate yourself from others for 5 days from symptom onset. Tell your close contacts that you have COVID-19 right away so they can monitor for symptoms. If your symptoms are improving, you may discontinue home isolation on day 6 but you must continue to wear a well-fitted face covering and social distance whenever around others for another 5 days. All household members that are not fully vaccinated, including a booster if eligible, should stay home for 5 days from their last interaction with the positive case and monitor for symptoms.

If you need isolation paperwork and have not received a call within 5 days of your test date, please connect with CCHD through this secure online form: <https://form.jotform.com/220063385752151>. If your information can be verified in the state’s contact tracing system, you will receive your isolation information within 36-72 hours. This is for laboratory tests only. Do not use this link to self-report results of an at-home test.

If you complete the secure on-line form, in addition to receiving your isolation paperwork, you will receive a text message request to enter your close contacts. Please complete this task; your contacts may receive a call from a VCC contact tracer with further instructions. Whether they receive of call or not, all contacts who are not fully vaccinated, including a booster, if eligible, should stay home for 5 days following the last interaction with the positive case.

If you have tested positive using an at-home test, stay home and isolate yourself from others for 5 days from symptom onset. If your symptoms are improving, you may discontinue home isolation on day 6 but continue to wear a well-fitted face covering and social distance whenever around others for another 5 days. You do not need to seek additional testing unless you require isolation paperwork.

School cases are being prioritized as higher risk cases. To help families make the best decisions, if you have a child who has tested positive, please keep them home from school and extra-curricular activities for 5 days from symptom onset. Any siblings that are not fully vaccinated, including a booster if eligible, should quarantine for 5 days from their last interaction with the positive sibling. If siblings develop symptoms, they



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

should be tested and/or stay home from school and extra-curricular activities for 5 days from their symptom onset.

**About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**“Working Together for a Healthier Community”**



**Public Health**  
Prevent. Promote. Protect.



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

www.clintonhealth.org



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: January 13, 2022  
For Immediate Release  
Contact: 518-565-4840

### NYS Launches Quarantine & Isolation Portals

**Plattsburgh, January 13, 2022.** Due to the recent surge in cases, the New York State Department of Health (NYSDOH) announced that local health departments are no longer required to contact trace for COVID-19.

During this transition, the Clinton County Health Department (CCHD) and Virtual Call Center (VCC) will continue to prioritize calls to lab-confirmed COVID-19 positive cases to residents who fall in high risks categories. These categories include children in K-12 school setting (ages 18 and younger), those 65 years of age and older, and those who live or work in a congregate setting. However, in light of the continued high volume of new daily cases, lab-confirmed positive cases should not anticipate receiving a phone call.

Individuals testing positive for COVID-19, or those in close contact with someone who has tested positive for COVID-19, are encouraged to access the NYSDOH’s website for the most up-to-date guidance for isolation and quarantine. If needed, individuals can also now request an affirmation of isolation or quarantine directly from NYS.

If you have tested positive for COVID-19, stay home and isolate yourself from others for 5 days from symptom onset. Tell your close contacts that you have COVID-19 right away so they can monitor for symptoms. If your symptoms are improving, you may discontinue home isolation on day 6 but you must continue to wear a well-fitted face covering and social distance whenever around others for another 5 days. Visit [https://coronavirus.health.ny.gov/system/files/documents/2022/01/affirmation\\_of\\_isolation\\_011222.pdf](https://coronavirus.health.ny.gov/system/files/documents/2022/01/affirmation_of_isolation_011222.pdf) to self-register for isolation paperwork.

If you have tested positive using an at-home test, stay home and isolate yourself from others for 5 days from symptom onset. If your symptoms are improving, you may discontinue home isolation on day 6 but continue to wear a well-fitted face covering and social distance whenever around others for another 5 days. You do not need to seek additional testing unless you require isolation paperwork.

Anyone who has been identified as a high-risk, close contact (i.e. household members, domestic partners) that are not fully vaccinated, including a booster if eligible, should stay home for 5 days from their last interaction with the positive case and monitor for symptoms. Visit [https://coronavirus.health.ny.gov/system/files/documents/2022/01/affirmation\\_of\\_quarantine\\_011222.pdf](https://coronavirus.health.ny.gov/system/files/documents/2022/01/affirmation_of_quarantine_011222.pdf) to self-register for quarantine paperwork.

Additional information can be found by visiting <https://coronavirus.health.ny.gov/contact-tracing-frequently-asked-questions>.

### About the Clinton County Health Department:



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).

###



**“Working Together for a Healthier Community”**



**Public Health**  
Prevent. Promote. Protect.





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: February 7, 2022  
For Immediate Release  
Contact: 518-565-4840

### 2022 Community Health Survey- We want to hear from you!

#### Residents asked to complete survey about health issues affecting Clinton County

**Clinton County, February 7, 2022.** The Clinton County Health Department (CCHD) and UVM Health Network-CVPH are conducting the 2022 Community Health Survey. The survey allows residents to share thoughts and opinions about their health experiences and concerns over the past few years.

“The survey is one of first steps in the local community health assessment process” explained Molly Flynn, Principal Public Health Educator in the Division of Health Planning & Promotion at CCHD. “Input will help shape health improvement plans that are being developed as part of the assessment.”

Conducted every three years, this is the third time the health partners have fielded such a survey. The survey is anonymous and takes approximately 5-10 minutes to complete. It is available online ([www.surveymonkey.com/r/CHA2022](http://www.surveymonkey.com/r/CHA2022)) and can be completed on a computer, tablet or phone. Residents can also find the link to the survey on CCHD’s social media pages or by looking for the news release on the Health Department website at [www.clintonhealth.org](http://www.clintonhealth.org). Paper copies of the survey are also available for those without access to the internet. Responses will be collected through the end of March.

Flynn adds, “We want to know what our residents need to be healthy and taking this survey is one of the easiest and quickest ways for residents communicate that to us. We want to hear from as many residents as possible.” Results will be shared back directly to the community this summer by CCHD and will be used to help identify health priorities for the 2022 Community Health Improvement Plan.

#### About the Clinton County Health Department:

The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).

###



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

www.clintonhealth.org



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: February 22, 2022  
For Immediate Release  
Contact: 518-565-4840

### CCHD Program Reminds Residents to Heat Homes Safely

**Clinton County, February 22, 2022.** While the cold winter season hangs on, the Clinton County Health Department (CCHD) is reminding North Country residents to take important safety measures while heating their homes.

“The cold weather brings increased risk of house fires as we use our in-home heating systems more often,” stated Maryann Barto, Public Health Educator in CCHD’s Environmental Health and Safety Division’s Healthy Neighborhoods Program. “Thankfully, there are simple steps that you can take to help prevent these dangers and keep your home safe.”

Decrease risk of house fires by:

- Having heating equipment and chimneys cleaned and inspected every year by a qualified professional.
- Keeping anything that can burn at least three feet away from heating equipment (i.e. a furnace, fireplace, wood stove, or portable space heater).
- Having a three-foot “kid-free zone” around open fires and space heaters.
- Testing your smoke & carbon monoxide detectors monthly.
- Making and practicing a fire escape plan with your household members.
- Using the proper kind of fuel (specified by the manufacturer) for fuel burning heaters.
- Ensuring the fireplace has a sturdy screen to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container. Keep the container a safe distance away from your home.
- Not using your oven to heat your home.
- Turning off portable heaters when leaving the room or going to bed.
- Checking for recalls on any heating equipment or fire safety products ([www.cpsc.gov](http://www.cpsc.gov)).

In addition to smoke detectors, if your home is heated using wood or fuel burning appliances or you have an attached garage, you should have a carbon monoxide (CO) detector. These detectors should be checked on a monthly basis, the batteries should be changed at least twice a year, and the alarm should be replaced every 10 years. “Ensuring your home has proper working 10 year lithium battery or battery-operated smoke detectors and carbon monoxide detectors is critical for safety,” explained Ms. Barto. “These items are your first line of defense in the event of a fire or carbon monoxide leak. Working smoke and carbon monoxide detectors greatly reduce a person’s risk of injury or death.”

Households should also have and practice a fire escape plan. “It’s important to review and practice that plan with your family at least twice a year,” urged Ms. Barto. “Ensure children are aware of what to do in case of a fire.



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

Remember to practice staying low and going under the smoke to get to your exit.” Set a safe meeting place, away from the road or driveway; landmarks like a tree or playground set are great meeting places for families with children.

If you have questions regarding heating safety, proper working detectors, need detectors, fire extinguishers, or need assistance in planning an escape plan, please contact a Healthy Neighborhoods Program Educator at 518-565-4870 or visit us on the web at [www.clintonhealth.org/healthyneighborhoods](http://www.clintonhealth.org/healthyneighborhoods).

The Healthy Neighborhoods Program is grant-funded through the NYS Department of Health; the program is designed to improve the personal health, safety and well-being of residents in Clinton County. Program staff visit homes to conduct a health & safety survey to determine the needs of the home and afterward are able to provide free safety products, including smoke and carbon monoxide detectors. The Healthy Neighborhoods Program is open to all Clinton County residents and there are no age or income requirements to participate in the program.

**About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**“Working Together for a Healthier Community”**



**Public Health**  
Prevent. Promote. Protect.



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: February 28, 2022  
For Immediate Release  
Contact: 518-565-4840

### NYS to End Mask Requirement in Schools

**Plattsburgh, February 28, 2022.** Governor Kathy Hochul announced plans to end the state mask requirement in schools beginning March 2, 2022. Clinton County Health Department (CCHD) leadership, community partners, and school superintendents met Monday to determine the best course of action for Clinton County.

As of last update, the Centers for Disease Control and Prevention (CDC) has identified Clinton County as having a ‘High COVID-19 Community Level’. “To determine the community level, the CDC looks at a combination of three metrics,” explained Debra Tackett, Interim Director of Public Health at CCHD. “New COVID-19 admissions (per 100,000 population in the past 7 days), the percent of staffed inpatient beds occupied by COVID-19 patients, and the total new COVID-19 cases (per 100,000 population in the past 7 days).”

That means the CDC continues to recommend residents in Clinton County wear a mask indoors in public, including school environments; stay up to date with COVID-19 vaccines; and seek testing if they have symptoms. (<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>)

“The result from today’s collaborative planning session was that though masks are strongly recommended by CCHD, they will no longer be required in school settings,” stated Ms. Tackett. “Masks have been one of the most important tools in reducing the spread of COVID-19 and we support students, faculty, and staff who choose to continue wearing them but they are not our only tool at this time.”

As a reminder, current guidance from New York State indicates that people who test positive for COVID-19 (whether using a lab-processed or an at-home test) must isolate for at least 5 complete days. After leaving their isolation, they must continue to wear a mask around others for 5 additional days. This means those who have tested positive for COVID-19 and are returning to a school setting prior to day 10 must wear a mask.

CCHD encourages parents to get their students vaccinated. Vaccination provides the best protection against COVID-19. “The higher the vaccination rate in the school, the lower the risk of an outbreak,” added Ms. Tackett. “This means not only keeping the kids healthy and in school, but allowing them to do so without the requirement of mask wearing.”

“As has been the case throughout the pandemic, circumstances and guidance can change based on many different factors. This could mean we have to revisit this guidance in the future,” noted Ms. Tackett. “For example, if we see outbreaks in certain schools or classrooms, mask requirements may need to be in place for a period of time to slow the spread of that particular outbreak.”



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

To learn about vaccination opportunities for your family, speak with your primary care provider, pediatrician, or log on to [www.clintonhealth.org/covid19vaccine](http://www.clintonhealth.org/covid19vaccine).

**About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**“Working Together for a Healthier Community”**





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: March 31, 2022  
For Immediate Release  
Contact: 518-565-4840

### A Food Action Plan for Clinton County

**Plattsburgh, New York:** The Clinton County Health Department (CCHD) has been working with [ChangeLab Solutions](#), a national public health law and policy nonprofit, to develop a Food Action Plan (FAP) that will help guide Clinton County towards a healthy, equitable, and thriving food system over the next 10 years. This work was supported by the New York State Health Foundation.

Throughout 2021, a dedicated group of professionals identified gaps and opportunities in the local food system, spanning from food production to food waste management. The group also drafted proposed strategies to address these challenges. “We are ready to share the preliminary plan with the community at large and to get to work,” says Mandy Snay, Director of Health Planning & Promotion for the Clinton County Health Department. “We are eager to share the ideas and results of many discussions and we encourage feedback and input from residents.”

Clinton County’s Food Action Plan will serve as a roadmap for local government agencies, hospitals, community-based organizations, businesses and resident groups to coordinate their efforts. This will allow the community to collectively strengthen and enhance the food system and sustain the realized improvements. Having shared goals and priorities will also better position Clinton County to take advantage of funding opportunities and participate in regional efforts.

The primary goals of the Clinton County Food Action Plan are to:

1. Increase access to healthy, nutritious, and affordable foods;
2. Reduce the amount of food waste and increase the recovery of unused, edible food for community use;  
and
3. Support the local food and agricultural economy.

Residents can view the Clinton County Food Action Plan here:

<http://www.clintonhealth.org/pdf%20files/ClintonCountyFoodActionPlan.pdf> Feedback can be shared with CCHD through its website or social media platforms.

### About the Clinton County Health Department:

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

###



**“Working Together for a Healthier Community”**



**Public Health**  
Prevent. Promote. Protect.



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: April 7, 2022  
For Immediate Release  
Contact: 518-565-4840

### Healthy Neighborhoods May Be Coming To Your Neighborhood

**Mooers, New York, April 7, 2022.** The Clinton County Health Department’s (CCHD) Healthy Neighborhoods Program (HNP) will be conducting door-to-door outreach and offering in-home surveys focusing on residents who live in the Town of Mooers. This outreach will begin in April and run through June.

During the home visit, Healthy Neighborhoods Program staff will discuss fire safety and determine the best way to reduce household accidents. Education will also include indoor air quality, carbon monoxide poisoning, lead poisoning and other household health and safety topics. “These brief in-home surveys are designed to identify and educate residents on health and safety concerns and provide appropriate home safety products,” explained Heather Alden, Public Health Educator in CCHD’s Environmental Health and Safety Division’s Healthy Neighborhoods Program. “Temperature changes and pollen are known asthma triggers in the spring. HNP staff will also cover asthma prevention tactics in order to reduce airway irritants in the home for families who may need it.” Information about community resources and referrals to other programs are also offered during these visits.

“This program continues to service all of Clinton County,” added Ms. Alden. “Mooers is just one township our program will be focused on this spring.”

Participation in the Healthy Neighborhoods Program is **free** and open to **all Clinton County Residents!** If you would like more information about Healthy Neighborhoods Program or would like to schedule an appointment, please contact Healthy Neighborhoods at (518) 565-4870, visit us on the web at [www.clintonhealth.org/healthyneighborhoods](http://www.clintonhealth.org/healthyneighborhoods).

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: April 14, 2022  
For Immediate Release  
Contact: 518-565-4840

### Green Cones for Clinton County Homes

**Clinton County, April 14, 2022.** Clinton County Health Department’s *Eat Smart Waste Less, Clinton County* (ESWL) grant is partnering with Casella Waste Management at the Clinton County Solid Waste & Recycling Facility to provide green cone solar digesters to county residents at a reduced rate. ESWL is an initiative to reduce food waste and is supported through funding from the Environmental Protection Fund administered by the New York State Department of Environmental Conservation (NYSDEC).

The program teaches residents about the impact food waste has on the environment and shares ways to divert food scraps from their household garbage. Nationally, 94% of all food waste ends up in landfills. As that food breaks down, it releases methane gas, one of the greenhouse gases responsible for global warming. Casella Waste Management and the Clinton County Solid Waste & Recycling Facility capture some of this methane gas to produce energy however, the volume of food waste collected exceeds the facility’s needs.

Sean Lukas, General Manager of Casella Waste Systems at the Clinton County Solid Waste & Recycling Facility says, “We believe in ensuring that all waste, including food waste, is put to a higher and better use, creating shared value and preserving resources for future generations. Empowering residents to manage their waste directly, in an environmentally sound way, is an extension of our company mission and an example of our core values in action.”

Local data indicates residents want to dispose of their food waste in an environmentally friendly way but need to learn more in order to do so. Many residents have also noted a lack of space as a barrier to them taking action. By using the sun’s energy and tapping into the surrounding micro-organisms, solar digesters provide a low-maintenance, space sensitive alternative to traditional food scraps recycling options, like composting. The solar-heated unit safely eliminates cooked and uncooked food waste, including items your backyard composter can’t handle such as meat, fish, bones, and dairy products. For more information visit [www.greenconeusa.com](http://www.greenconeusa.com).

In recognition of Earth Day 2022, green cone solar digesters will be available for purchase at a reduced cost of \$50 beginning on **Earth Day, Friday April 22, 2022 at the Schuyler Falls Convenience Station, 404 Sand Road, Morrisonville, NY 12962.** Thomas Smith, Public Health Educator at the Clinton County Health Department says, “With grant funding from *Eat Smart Waste Less, Clinton County* we are able to offer the green cone solar digesters to residents at a fraction of the \$200 retail price.” He adds, “As an additional nod to recycling, monies collected will be used to purchase additional digesters to supply the program.”

Convenience Station hour are: Tuesdays, Thursdays and Saturdays from 9am – 4pm and Wednesdays and Fridays from 12pm to 4pm. Cash or personal checks will be accepted for payment. Supplies are limited.



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

**About the Clinton County Health Department:**

The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department's Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).

###



**“Working Together for a Healthier Community”**



**Public Health**  
Prevent. Promote. Protect.



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: April 25, 2022  
For Immediate Release  
Contact: 518-565-4840

### Septic System Replacement Grant

**Clinton County, April 25, 2022.** The Clinton County Health Department (CCHD) reminds residents that Septic System Replacement Grant funds are still available for residents in the Isle La Motte Watershed along Lake Champlain in Clinton County (Cumberland Head to Rouses Point). The program allows residents to apply for financial assistance to replace their existing failing septic system. Eligible participants may be reimbursed for 50% of their septic system replacement costs, up to \$10,000.

Clinton County residents whose residence is within 250 feet of the Isla La Motte Watershed along Lake Champlain (Cumberland Head to Rouses Point) are eligible to receive grant funds. To apply for the funds, please contact the CCHD for a Grant Application or visit <http://www.clintonhealth.org/septic>.

Funds for the Program are limited, and the County can provide grants only to those septic system projects that will significantly and quantifiably reduce environmental and/or public health impacts from cesspools or failing septic systems. If a project is selected for a grant, the County will notify the applicant with an award letter detailing how much the resident can expect to be reimbursed for the project. The County will also notify the applicant if the project does not qualify for a grant.

If an award letter is received, the applicant must confirm acceptance of the award and the terms and conditions by signing and returning the letter to the County. Once the applicant signs and returns the award letter, the applicant may hire a design professional and a contractor for the septic system project. After the applicant has completed your project, the applicant will be reimbursed up to your grant award, for eligible, documented costs incurred to complete your project.

The County encourages residents to apply for this program. “This is a unique opportunity for cooperation between the state, local government, and property owners, to address a pressing environmental and public health issue in our community, and we hope residents take advantage of it” states Ryan Davies, Director/Engineer for the Department’s Division of Environmental Health & Safety.

For more information about the program, visit the Environmental Facilities Corporation’s website at [www.efc.ny.gov/SepticReplacement](http://www.efc.ny.gov/SepticReplacement).

### About the Clinton County Health Department:

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect**



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

**with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**“Working Together for a Healthier Community”**





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: April 29, 2022  
For Immediate Release  
Contact: 518-565-4840

### County Appoints New Director of Public Health

**Clinton County, April 29, 2022.** The Clinton County Health Department (CCHD) is pleased to announce the appointment of Jeffrey Sisson, as the Director of Public Health in Clinton County. Mr. Sisson comes to CCHD after 18 years as the Health, Safety, Risk Management Specialist at Champlain Valley Educational Services.

"I am very excited to join the Clinton County Health Department and to have the opportunity of working closely with such a knowledgeable and conscientious group of people," stated Mr. Sisson.

"We are excited to have Jeff join the County's management team," stated Mike Zurlo, Clinton County Administrator. "I have no doubt that Clinton County residents will be well served with Jeff at the helm of the Clinton County Health Department. I look forward to working closely with Jeff as we continue to navigate the many significant public health issues in our county."

Mr. Sisson has been appointed for a six year term, beginning Monday, May 2, 2022.

#### About the Clinton County Health Department:

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department's Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: May 26, 2022  
For Immediate Release  
Contact: 518-565-4840

### Monkeypox: What You Need to Know

**Plattsburgh, May 26, 2022.** On Friday, the New York State Department of Health (NYSDOH) announced they were investigating two potential cases of Monkeypox in New York State. Since that announcement, one case has been ruled out and the second case is still under investigation.

“There are currently no cases of Monkeypox in our region,” explained Debra Tackett, Director of Health Care Services at the Clinton County Health Department (CCHD). “While there is still a case investigation underway in the state, it is believed the risk to the general public is very low.” Residents do not need to take any specific action at this time.

The NYSDOH and the Centers for Disease Control and Prevention (CDC) are monitoring the situation within NYS and the U.S. “CCHD participates regularly in situational briefs with the state and will continue to relay information to residents if the situation changes,” added Ms. Tackett.

Monkeypox is a viral illness similar to small pox but less severe. It is rare in the United States and is usually associated with international travel or importing of animals from other countries. Monkeypox typically begins with fever, headache, muscle aches, and exhaustion. Within 1 to 3 days (sometimes longer) after the appearance of fever, the patient develops a rash, often beginning on the face then spreading to other parts of the body. The illness typically lasts 2-4 weeks.

For more information on Monkeypox, residents can visit <https://health.ny.gov/diseases/communicable/zoonoses/monkeypox/> or [www.cdc.gov/poxvirus/monkeypox](http://www.cdc.gov/poxvirus/monkeypox).

### About the Clinton County Health Department:

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: June 7, 2022  
For Immediate Release  
Contact: 518-565-4993

### Clinton County Pediatric Offices Renew ‘Breastfeeding Friendly’ Designation

**Plattsburgh, June 7, 2022,** Mountain View Pediatrics, Plattsburgh Pediatrics, and Plattsburgh Primary Care Pediatrics have renewed their designation as *New York State Breastfeeding Friendly Practices*. Seven health care offices in Clinton County now hold this designation including pediatric, family health and OB/GYN practices. The practices were supported in this effort by the *Creating Breastfeeding Friendly Communities* grant at the Clinton County Health Department.

According to Mountain View Pediatrics’ Breastfeeding Champion, Christy Bezrutczyk, “Mountain View Pediatrics is grateful for achieving the *Breastfeeding Friendly* designation again. Our priority is supporting our patients and this designation allows us to continue to have resources available to best meet each family’s breastfeeding needs.” She adds, “We have a great community of providers who are working hard to normalize breastfeeding and this designation is one more step in that direction!”

Every five years practices must renew their *Breastfeeding Friendly* status with NYS by completing an assessment of office practices and procedures and updating their policy. This process ensures that practices continue to implement the *Ten Steps to a Breastfeeding Friendly Practice*.

The Ten Steps to a Breastfeeding Friendly Practice include:

1. Develop and maintain a breastfeeding friendly office policy.
2. Train all staff to be breastfeeding friendly by promoting, supporting and protecting breastfeeding.
3. Eliminate infant formula and formula company materials from your office.
4. Create a breastfeeding friendly office environment.
5. Discuss breastfeeding benefits, especially exclusive breastfeeding, and the basics of breastfeeding management with women and their families during the prenatal period.
6. Discuss breastfeeding benefits, especially exclusive breastfeeding, and the basic of breastfeeding management with women and their families during the postpartum period.
7. Encourage breastfeeding mothers to feed newborns only breast milk.
8. Teach mother about maintaining lactation when separated from their infants.
9. Identify your local breastfeeding support network and foster collaborative working relationships and referral systems.
10. Provide comprehensive breastfeeding support to new mothers.

-more-



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

*Because of the well-documented health benefits of breastfeeding for infants, children and mothers, the American Academy of Pediatrics (AAP), the American Congress of Obstetricians and Gynecologists (ACOG), the World Health Organization (WHO) and the US Department of Health and Human Services recommend exclusive breastfeeding for the first six months, with continued breastfeeding as long as mutually desired by mother and infant.*

For more information about receiving Breastfeeding Friendly Designation:

<https://www.health.ny.gov/community/pregnancy/breastfeeding/>

**About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**“Working Together for a Healthier Community”**



**Public Health**  
Prevent. Promote. Protect.





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: August 17, 2022  
For Immediate Release  
Contact: 518-565-4840

### CCHD Asks Residents to Safely Capture Bats Found in Homes

**Plattsburgh, August 17, 2022.** The Clinton County Health Department (CCHD) is advising residents to capture any bats that come in contact with humans or pets. In most cases, bats need to be captured and tested for rabies. Rabies is a fatal viral infection transmitted through an infected animal’s saliva. It is spread to people and pets when they are bitten by an infected animal.

“If you see a bat enter your home, you can open windows so the bat can escape,” explained Amanda Finckel, Senior Public Health Sanitarian at CCHD. “However, if you didn’t see the bat enter, it can be difficult to know if the bat came in contact with a person or pet. Bats can squeeze through very small spaces (1/2 inch thick) and are one of the few wild animals that successfully enter our homes - potentially bringing the rabies virus with them.”

A person can be bitten by a bat or exposed to its saliva and not know it. Bats have small sharp teeth, which may not leave a visible bite mark, and a bite from a bat during the night may not awaken a sleeping person. You cannot tell if a bat has rabies by looking at it or by the way it acts. The only way to know if an animal has rabies is to send it for testing.

“Though most bats do not have rabies, the virus is definitely present in some of Clinton County’s bat population,” explained Ms. Finckel. “If a bat is released and not available for testing, we have to assume that it may have been rabid and treat any person or pet who may have been exposed with a post-exposure treatment.”

“For post-exposure treatment to be effective, it must be started before a person experiences symptoms of rabies,” added Ms. Finckel. “We cannot stress enough the importance of capturing the bat.”

If you find a bat in your home or camp, and are unsure about whether anyone has come in contact with it, capture the bat without damaging the head and contact your health department. In Clinton County, call 518-565-4870. For a quick video on how to properly capture a bat visit: [www.clintonhealth.org/batproofing](http://www.clintonhealth.org/batproofing).

Use caution when capturing a bat.

- Close doors, windows and closet doors to keep the bat in the room.
- Turn on the lights if the room is dark.
- Wear gloves (heavy, preferably pliable thick leather) and wait for the bat to land.
- Cover the bat with a coffee can or similar container with a lid.
- Slide a piece of cardboard under the can, trapping the bat.



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

- While firmly holding the cardboard in place against the top of the can, turn the can right side up.
- Replace the cardboard with the lid (if no lid, tape the cardboard tightly to the can).
- Call your local health department. In Clinton County, call 518-565-4870.

In addition to rooms with a person who is sleeping, bats found in a room with an unattended child, someone who is under the influence of drugs or alcohol, or someone with a mental disability should also be captured. They might not be able to accurately report if they came into contact with the bat or not.

Residents are encouraged to be proactive and take steps to keep bats out of their homes. Most bats leave in the fall or winter to hibernate, so these are the best times to bat-proof your home. Look for holes that might allow bats to enter and seal any openings larger than a quarter-inch by a half-inch. Use window screens, chimney caps, and draft-guards beneath doors to attics, and ensure that all doors to the outside close tightly.

Avoid bat-proofing from May through August. If there are young bats in your attic, many of them can't fly and keeping the adults out will trap the young who will die or try to make their way into your rooms.

In addition to bat-proofing, it is important to remember that pets, including indoor cats, must be vaccinated against rabies. New York State Public Health Law requires all dogs, cats and ferrets over four months old to be vaccinated. "Vaccinating your pets is one of the best ways to protect your family from rabies," urged Ms. Finckel. "CCHD offers free vaccine clinics several times each year. To see upcoming clinics visit [www.clintonhealth.org/rabiesclinics](http://www.clintonhealth.org/rabiesclinics)."

#### **About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department's Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**"Working Together for a Healthier Community"**





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: August 23, 2022  
For Immediate Release  
Contact: 518-565-4840

### Clinton County Agencies Prepared for Joint Response to Monkeypox

**Clinton County, August 23, 2022.** The Clinton County Health Department (CCHD), University of Vermont Health Network – Champlain Valley Physicians Hospital (CVPH), SUNY Plattsburgh and Hudson Headwaters Health Network (HHHN) have been working together to create a streamlined response to any potential monkeypox cases in Clinton County.

“This group has been working together for several weeks to stay up to date on the current status of the monkeypox outbreak,” stated Jeffrey Sisson, Director of Public Health at CCHD. “Together we have worked to provide support and outreach for local healthcare providers, secure testing and treatment access, and create a plan for the safe return of students to the SUNY campus.”

“At CVPH, we are constantly on the lookout for this illness and we will continue to be vigilant,” CVPH Infectious Disease Expert Keith Collins, MD stated. “We have not seen any positive cases at the hospital. However, we have taken steps to ensure we’re ready to provide the care our patients need. That includes working with New York State to be able to administer treatments for patients in our area who contract monkeypox.”

“At SUNY Plattsburgh we are working closely with CCHD to ensure that we have the latest information and guidance, and that we are ready to provide medical support if needed,” explained Susan Sand, Assistant Director for Medical Services at SUNY Plattsburgh. “We have proactively shared information and resources about prevention, protection and detection via campus-wide email and the Student Health and Counseling Center web page. We will continue to update campus with the most current information as we monitor the situation and respond accordingly.”

Monkeypox is a viral illness that does not usually cause serious illness but may result in hospitalization or death. Cases in this outbreak have involved a rash (often in the genital and peri-anal regions), and may also include other symptoms such as fever, swollen lymph nodes, and pain when swallowing, before or after the rash appearance. Monkeypox is spread through direct skin-to-skin contact with the infection rash, scabs or body fluid. It can also be spread through respiratory droplets during prolonged face-to-face contact or during intimate physical contact. There are currently zero cases of monkeypox identified in Clinton County.

Any person, regardless of gender identity or sexual orientation, can get or spread monkeypox. At this time those most at risk include individuals who have multiple and/or anonymous sexual partners.

“Many people have expressed concern about monkeypox being the new COVID-19,” explained Mr. Sisson. “Monkeypox is very different. Vaccines and antiviral medications already exist AND it does not spread as easily between people as COVID-19 does.”



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

If you believe you have contracted monkeypox, you should contact your primary care provider immediately. Be sure to call the office first and tell them you suspect monkeypox. Cover all areas with lesions or rash and wear a surgical mask any time you are around others.

To learn more about monkeypox and how to protect yourself, residents can visit [www.cdc.gov/poxvirus/monkeypox](http://www.cdc.gov/poxvirus/monkeypox). To learn more about vaccine availability and who is eligible visit <https://health.ny.gov/diseases/communicable/zoonoses/monkeypox/vaccine.htm>.

**About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**“Working Together for a Healthier Community”**





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: August 30, 2022  
For Immediate Release  
Contact: 518-565-4840

### Street Art Meets Safety with New Creative Crosswalk

**Beekmantown, NY; August 30, 2022.** Public safety can be fun! The Clinton County Health Department (CCHD) in collaboration with the Town of Beekmantown and Beekmantown Central School District (BCSD) have installed a new creative crosswalk on Haynes Road. The crosswalk was identified as a safety improvement under the grant program, *Routes to Better Health* (RBH). RBH is a NYS Health Foundation grant aimed at increasing access to physical activity and public transportation through complete streets policies and projects.

The Town of Beekmantown utilized grant funds for a number of pedestrian safety improvements including new pedestrian and bicycle warning signs on Haynes Road, updated school zone signage, improvements to the Heritage Trail at the Town Hall, and the new creative crosswalk at BCSD. Town Supervisor, Norm Davis states, “We are happy to participate in any project that improves the safety and quality of life for our town residents. It was nice to see all of the students working together on the crosswalk. They were dedicated to the task and had a lot of fun at the same time.”

Creative crosswalks utilize bright designs to improve driver awareness and create a sense of place. The Haynes Road crosswalk builds upon BCSD pride and was designed and painted by school staff and students. “There are a number of pedestrian safety projects happening around the County, but this may be the most fun!” says CCHD Planner, Malana Tamer.

In true community fashion, it was all hands on deck the day of painting the crosswalk. CCHD staff, the Town Supervisor, middle school administration, and incoming 6<sup>th</sup> grade students rolled up their sleeves and took to the street. While the standard white transverse lines are still present, the rest of the crosswalk is unique. The design incorporates school colors and name to enhance the crossing on Haynes Road. Principal Duffy Nelson stated, “It was a great opportunity for our students to start this next chapter in their educational journey by making a lasting contribution to their school community. This reinforces our district's mission to educate our students to be quality contributors to society and self. We are grateful that the CCHD partnered with us to make this happen for our students.”

Though the RBH grant cycle has ended, CCHD is administering a similar grant opportunity titled, *Creating Healthy Schools and Communities* (CHSC). One of the goals of this program is to improve access to physical activity in the community, making it the perfect fit to continue the work on projects like this one. For additional information, contact CCHD’s Health Planning and Promotion Division at 518-565-4993 or visit [www.clintonhealth.org](http://www.clintonhealth.org).



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

**About the Clinton County Health Department:**

The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).

###



**“Working Together for a Healthier Community”**





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: 9/2/2022  
For Immediate Release  
Contact: 518-565-4840

### Back by Popular Demand: Green Cone Solar Digesters

**Clinton County, September 2, 2022.** In April the Clinton County Health Department’s *Eat Smart Waste Less, Clinton County* (ESWL) partnered with Casella Waste Management at the Clinton County Solid Waste & Recycling Facility to provide green cone solar digesters to county residents at a reduced rate. The Earth Day sale proved successful and resulted in a waitlist of over 100 eager residents. ESWL was able to purchase additional green cone solar digesters and they are now available for purchase.

By using the sun’s energy and tapping into the surrounding micro-organisms, solar digesters provide a low-maintenance, space sensitive alternative to traditional food scraps recycling options, like composting. The solar-heated unit safely eliminates cooked and uncooked food waste, including items your backyard composter can’t handle such as meat, fish, bones, and dairy products. For more information visit [www.greenconeusa.com](http://www.greenconeusa.com).

Green cone solar digesters will be available for purchase at a reduced cost of \$50 beginning on **Tuesday, September 6<sup>th</sup>, 2022 at the Schuyler Falls Convenience Station, 404 Sand Road, Morrisville, NY 12962.** All funds collected from the sale will be used to purchase additional digesters to sell to the public at the discounted rate.

Convenience Station hours are: Tuesdays, Thursdays and Saturdays from 9am – 4pm and Wednesdays and Fridays from 12pm to 4pm. Cash or personal checks will be accepted for payment. Supplies are limited.

*ESWL is an initiative to reduce food waste and is supported through funding from the Environmental Protection Fund administered by the New York State Department of Environmental Conservation (NYSDEC).*

### About the Clinton County Health Department:

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: September 13, 2022  
For Immediate Release  
Contact: 518-565-4840

### CCHD to Offer Bivalent (Omicron) COVID-19 Boosters

**Plattsburgh, September 13, 2022.** The Clinton County Health Department (CCHD) has scheduled clinics to distribute the updated bivalent (Omicron) COVID-19 booster dose. A bivalent COVID-19 booster will help residents maximize their protection, prolong the vaccine’s durability, and safeguard our community against the virus.

Residents ages 12 and older are eligible for a Pfizer-BioNTech bivalent booster. Residents must be ages 18 and older to be eligible for a Moderna bivalent booster. Both types require that it be at least 2 months since the previous booster dose or 2 months after completing the initial primary vaccine series.

Residents can register for these clinics by visiting [www.clintonhealth.org/covid19vaccine](http://www.clintonhealth.org/covid19vaccine) and selecting an available date and time slot.

**CCHD’s current bivalent COVID-19 booster vaccination schedule is as follows:**

- **Thursday, September 15, 2022. 1:00 pm to 4:00 pm.**
- **Tuesday, September 20, 2022. 2:00 pm to 5:00 pm.**
- **Thursday, September 22, 2022. 1:00 pm to 4:00 pm.**

Clinics will be held at the YMCA (former CVPH Wellness Center) located at 295 New York Road in Plattsburgh.

### About the Clinton County Health Department:

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”





# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Administration Division**

**Phone: (518) 565-4840**

**Fax: (518) 565-4717**

---

## News Release

Date: November 17, 2022  
For Immediate Release  
Contact: 518-565-4840

### CCHD Reminds Residents to Practice Good Health Habits

**Clinton County, November 17, 2022.** As cases of COVID-19, Influenza (flu) and RSV (respiratory syncytial infection) continue to rise, the Clinton County Health Department (CCHD) and The University of Vermont Health Network – Champlain Valley Physicians Hospital (CVPH) remind residents to take precautions to help stop the spread of germs and stay healthy.

“COVID, flu, RSV and even the common cold are all respiratory illness we will likely continue to see spike in numbers from October to March each year,” explained Debra Tackett, Director of Health Care Services at CCHD. “They are caused by different viruses but have similar patterns of spread, symptoms, at-risk groups and prevention strategies.”

Symptoms of flu, COVID-19 and RSV typically mimic the common cold but can cause severe infection in some individuals. The three respiratory illnesses also share many of the same symptoms, including fever, cough and runny nose. “Because the symptoms are so similar, it’s difficult to diagnose these respiratory illnesses by the symptoms alone,” explained Ms. Tackett. “It is important to confirm diagnosis with a home COVID-19 test as soon as possible. This will enable you to seek prompt treatment from your provider, as well as help to stop community spread.”

“An early and active influenza season, a surge in RSV and the continued threat of COVID-19 has created what some are calling a potential ‘tridemic.’ This triple threat to our communities’ could overwhelm an already strained health care system,” stated Wouter Rietsema, MD, CVPH Vice President of Population Health and Information Services. “We are fortunate in this community to have a number of health care options available. Knowing which will meet your need can help assure that you get the appropriate care.”

All three respiratory illnesses can be spread through droplets in the air, which means the same basic prevention methods we learned during the COVID-19 pandemic can help to stop the spread of germs.

Residents should:

- Stay home when they are sick – even if they have tested negative for COVID-19.
- Wash their hands with soap and water frequently.
- Disinfect commonly touched surfaces often.
- Wear a well-fitting face covering when they must be around others.
- Be sure everyone in their family (who is eligible) gets a flu vaccine.
- Help reduce the risk of serious illness or hospitalization due to COVID-19 by getting vaccinated and boosted.
- Know where to seek medical attention and when.

**Residents should contact their primary care provider:**



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

- When it is not urgent and they feel they can wait a day.
- They have a new problem or an old problem flares up.
- They need a prescription refilled.
- For symptoms and conditions like: cough, cold and flu; ear infections and sore throat; minor injuries like sprains, bumps and bruises; rashes; urinary tract infections; chronic conditions such as diabetes, high blood pressure, COPD, asthma and allergies; immunizations.

**Residents should contact an urgent care center:**

- When the condition doesn't appear life threatening, but they do not feel they can wait until the next day to see their primary care provider.
- For symptoms and conditions like: cold or mild flu symptoms; sore throat, vomiting; fever without a rash; non-life threatening allergic reactions; ear pain; painful urination; diarrhea; sprains and strains; small cuts that may require stitches; dehydration; mild asthma attacks; abdominal pain.

**Residents should utilize the emergency room:**

- When they have a serious or life-threatening condition.
- For symptoms and conditions like: chest pain; difficulty breathing; weakness/numbness on one side; slurred speech; fainting/change in mental state/confusion, serious burns, head or eye injury, broken bones, dislocated joints; fever with a rash; seizures; severe cuts that may require stitches; severe cold or flu symptoms; vaginal bleeding with pregnancy; uncontrollable bleeding; severe asthma attack; severe allergic reaction; poisoning.

“Many cases of COVID and flu can be prevented with vaccination,” urged Ms. Tackett. “Reducing the number of people who become ill will help reduce the spread of illness through our community as well as reduce the strain we see on our local healthcare system.”

**About the Clinton County Health Department:**

**The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department’s Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at [www.clintonhealth.org](http://www.clintonhealth.org) or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).**

###



**“Working Together for a Healthier Community”**

