



Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

www.clintonhealth.org



Public Health
Prevent. Promote. Protect.

Health Planning & Promotion Division

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June 30, 2023

Dear Community Partner,

In early 2022, we asked municipalities for assistance in reaching community members for the **2022 Community Health Assessment Resident Survey**. The survey asked residents to share their thoughts and opinions about their health experiences and concerns. Results from the survey were used to develop the [2022-2024 Community Health Assessment](#).

CCHD has developed an individualized report and infographic of responses from residents who indicated they reside within your municipality comparing their responses to those from across the county. Please feel free to share this report and its data.

After reviewing your report, please visit www.surveymonkey.com/r/CCHDMunicipalReportSurvey and complete a short survey. Your feedback will help us ensure we are providing you with information you find useful. Please share the survey link with all staff within your municipality who have the opportunity to review your report.

We thank you for supporting collaborative health planning in our region. Please reach out with any questions.

Sincerely,

Molly Flynn
Principal Public Health Educator
Clinton County Health Department
Molly.Flynn@clintoncountygov.com



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

2022 Community Health Assessment

Resident Survey Key Findings—Town of Peru*



As part of the **2022-2024** Community Health Assessment process, the Clinton County Health Department asked county residents for their opinions on health, social and environmental issues in the community. To learn more about the survey and compare your township's data to county level findings, please visit <https://bit.ly/3JobieC>.

3 in 5 feel their physical health is **good or excellent**.



31% of respondents experienced lacking access to a **healthcare specialist**.



The **top two** responses for **environmental challenges** in the community were:

aging infrastructure



and

agricultural runoff

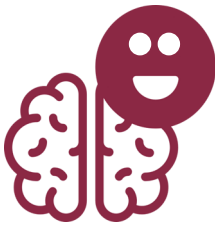


Almost **half** of respondents feel **substance abuse** is a top health issue in the community.

27% reported being **overweight or obese**.



3 in 5 feel their **mental health** is **good or excellent**.



46%

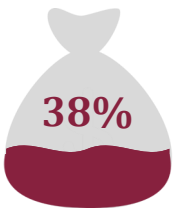
of respondents **agree or strongly agree** that they live in a **healthy community**.



Top ranked features of a healthy community:

- Healthcare services
- Clean environment
- Good schools
- Safe environment
- Livable wages

38% of respondents feel lack of a **livable wage** is a social challenge in the community.



2 out of every 3 respondents faced at least 1 **barrier** to receiving **medical care** in the past year.



19% of respondents identified **street safety** as a social issue for themselves or their family.



*During survey fielding, a concentrated effort was made to reach a representative sample of residents, mirroring census population data, from each of the townships in Clinton County. The above results are based on **96** respondents who indicated they reside in **Peru**.

Introduction

In the spring of 2022 the Clinton County Health Department (CCHD) surveyed Clinton County residents to provide perspective about community health. Residents were asked to identify features of a strong, vibrant, healthy community; for their opinions on health, social and environmental challenges in the community; to identify health and social challenges and any barriers to medical care experienced by themselves or a family member within the past year; and, for demographic information about individual respondents and their households. The summary below outlines what respondents who indicated they reside in the Town of Peru identified as features, challenges or barriers and highlights how they compare to the responses of all Clinton County respondents.

Findings

A total of 1,081 responses were received from Clinton County residents. Ninety-six (96) of the respondents indicated they reside in the Town of Peru.

Demographics of Survey Respondents

The overall demographics of survey respondents who reside in the Town of Peru varied slightly from those of Clinton County respondents overall. Four-fifths of survey respondents (81.25%) identified as female and 15.63% of respondents identified as male (2.08% of respondents chose not to answer this question and 1.04% selected 'other'). In regards to age, the majority of respondents were ages 45-64 (43.75%), followed by ages 24-44 (35.42%), ages 65-79 (13.54%), 80 years and older (4.17%), age 17 and younger (2.08%) and ages 18-24 (1.04%). All respondents indicated that the primary language spoken in their household was English. Ninety-two percent of respondents reported their race/ethnicity as white, while 2.08% selected American Indian and 1.04% selected Black or African American or Hispanic, Latino or Spanish origin. The highest level of education completed by survey respondents was diverse; 13.54% completed some high school but did not finish or obtained a high school diploma or GED; 11.46% completed some college or obtained a technical or trade school certificate; 13.54% obtained an Associate's degree; 27.08% obtained a Bachelor's degree; and 30.21% obtained a Master's degree or higher. The household annual income reported by respondents also varied; 2.08% reported a household annual income of less than \$24,999; 7.29% reported \$25,000-\$49,000; 32.29% reported \$50,000-\$99,999; 26.07% reported \$100,000-\$149,999; and 16.67% reported \$150,000 or more. The majority of respondents are employed full-time (63.54%), retired (17.71%), or employed part-time (9.38%). When asked if they had a primary care provider (PCP), 92.71% indicated they were being followed by a PCP (almost 3 percentage points higher than all Clinton County respondents). The breakdown for all respondents' responses to demographic questions can be found in *Table 1*.

Definition of a Healthy Community

When asked whether they believed they live in a healthy community, 45.83% of respondents agreed or strongly agreed that they live in a healthy community. About 1 in 5 (19.80%) disagreed or strongly

Clinton County 2022 Community Health Assessment Community Survey Summary - Town of Peru -

disagreed with this statement and 34.38% of respondents felt neutral toward this statement. Respondents were then asked to identify the top three features of a strong, vibrant, healthy community. The top features reported by Peru residents were health care services (37.50%); a clean environment (33.33%); good schools (32.29%); a safe environment (30.21%); and livable wages (27.08%). The lowest ranked features were transportation (3.13%); senior services 4.17%; equality (5.21%); senior housing (5.21%); good childcare (8.33%); and diverse populations (9.38%). When compared to county responses, Peru residents were less likely to select affordable housing (20 percentage points) and more likely to parks and recreation (9 percentage points) resources as top features. See *Figure 1* for perceptions of living in a healthy community by residents and *Figure 2* for the top features of a strong, vibrant, healthy community.

Health Challenges of Concern and Experienced

Peru residents identified substance abuse (46.88%); mental health (38.54%); access to mental health services (37.50%); chronic disease (37.50%); and overweight/obesity (36.46%) as the top health related challenges of concern in the community. More than 88% of respondents reported they or a family member experienced one or more health challenge in the past year. The top challenges experienced were access to a health care specialist (35.29%); overweight/obesity (30.59%); chronic disease (29.41%); issues related to aging (28.23%); and mental health (27.06%).

Almost half of respondents identified substance abuse as a health challenge in the community, while just 8% of respondents reported that it was a health challenge they or a family member experienced within the past year. Similarly, 37.50% of respondents identified access to mental health services as a challenge in the community; though less than a quarter of them reported they or a family member had challenges accessing mental health services within the past year. One-third of respondents identified overweight/obesity as a health challenge in the community and 30% of respondents reported it as a health challenge they or a family member experienced in the past year. Furthermore, nearly 34.38% of respondents identified access to health care services as a top health challenge in the community, while just over 15.29% reported they or a family member had trouble accessing health care services. However, two-thirds of respondents reported they or a family member experienced at least one barrier to receiving medical care in the past year. The most reported barriers included; no specialist appointment was available (42.19%), there was no specialist locally (34.38%), no primary care appointment was available (26.56%), could not leave work/school (20.31%), and did not accept my insurance (20.31%). See *Figure 3* for health challenges identified in your community, *Figure 4* for health challenges experienced by residents, and *Figure 8* for barriers to receiving medical care.

Social Challenges of Concern and Experienced

Town of Peru residents identified three of the same top social challenges in the community as all Clinton County residents surveyed: lack of a livable wage (37.50%), affordable housing (34.38%), and access to healthy foods (23.96%). Other top-ranked social challenge in the community were childcare (36.46%) and child abuse/neglect (34.38%). Nearly 65% of respondents reported they or a family member experienced at least one social challenge in the past year. Street safety (29.03%), childcare (24.19%), opportunities for physical activity (24.19%), lack of employment opportunities (22.58%), and lack of a livable wage (22.58%)

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were the social challenges experienced most often by Peru residents or their family members within the last year. More than one-third of respondents identified child abuse/neglect as a top social concern in the community, while only 1.61% of respondents or their family members experienced child abuse/neglect themselves within the past year. See *Figure 5* for social challenges of concern in your community and *Figure 6* for social challenges experienced by residents.

Environmental Concerns

Three in five (60.42%) residents identified aging infrastructure as a top environmental concern in the community. About 40% of respondents (39.58%) identified agricultural runoff and school safety as top environmental concerns. Peru residents were more likely to select agricultural runoff (39.68%) and less likely to select home safety (9.38%) than county residents (24.44% and 20.19% respectively). See *Figure 7* for environmental concerns among respondents from the Town of Peru.

Self-Perceived Physical and Mental Health

The majority of respondents self-reported their physical health as good (50.00%) or average (34.38%). Only 4.17% reported their physical health as poor or extremely poor and 11.46% reported their physical health as excellent. A similar pattern in responses was seen for self-reported mental health with 94.79% of respondents reporting their mental health as average, good or excellent; 3.13% of respondents reported their mental health as poor and 2.08% reported their mental health as extremely poor. See *Figure 9* for the self-perceived physical health and *Figure 10* for the self-perceived mental health among respondents from the Town of Peru.

Learn More

A full report for all Clinton County respondents, including methodology, considerations/limitations and conclusions, can be found included in the 2022-2024 Clinton County Community Health Assessment at http://www.clintonhealth.org/pdf%20files/CHA_CHIP.pdf.

Clinton County 2022 Community Health Assessment Community Survey Summary
- Town of Peru -

Tables & Figures

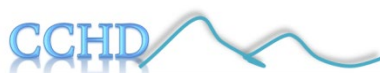
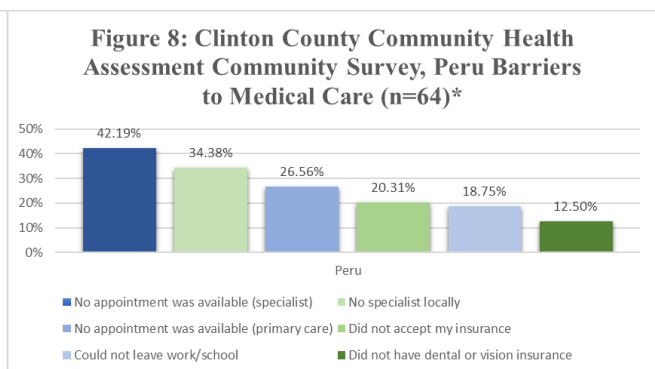
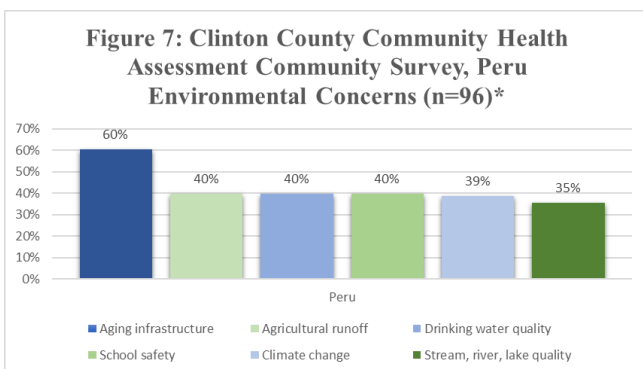
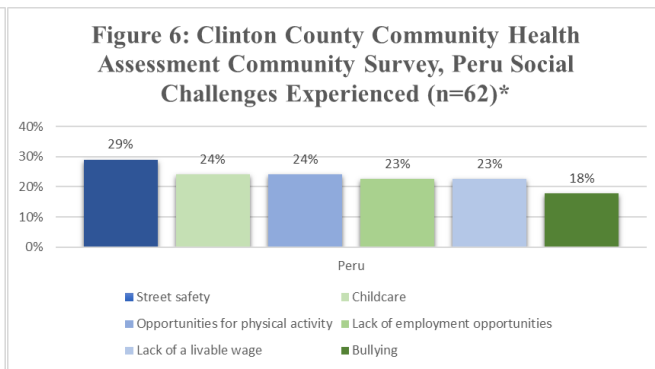
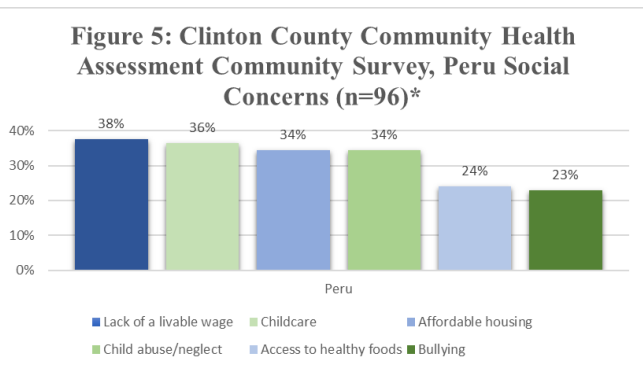
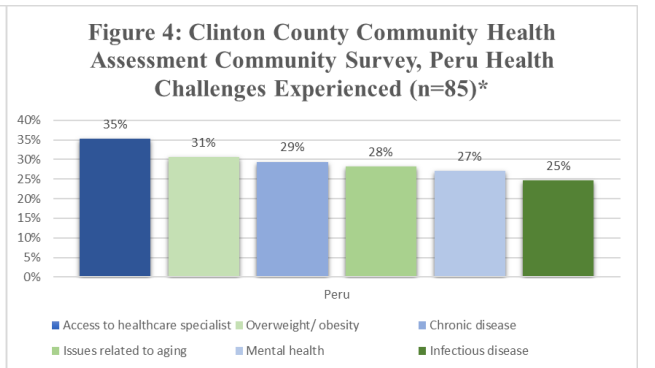
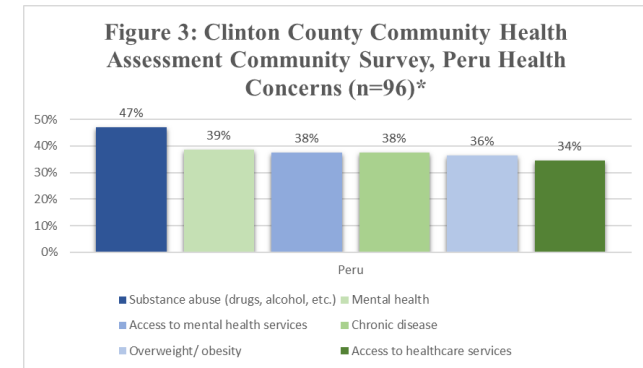
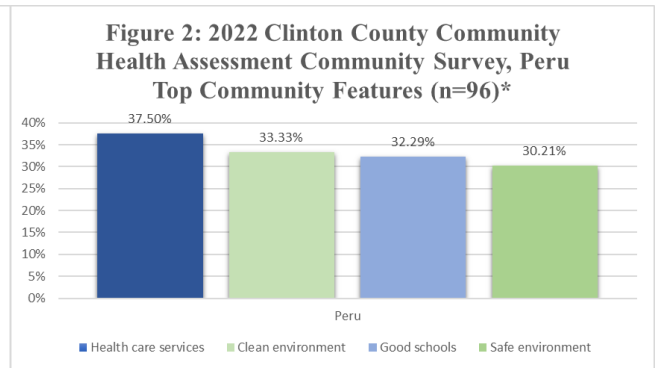
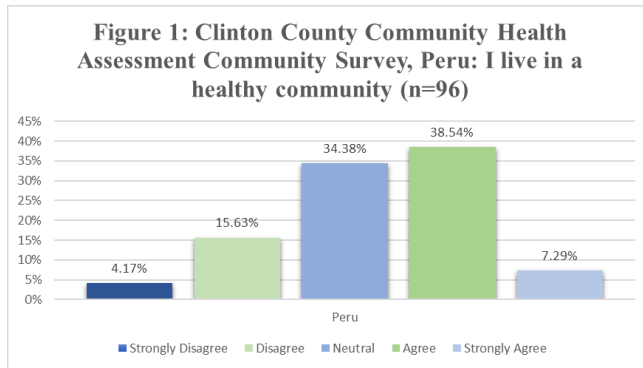
| Table 1. 2022 Clinton County Community Health Assessment Community Survey, Demographics of Respondents | | | |
|---|--|-----------------------|---------------------------------|
| Demographic | | Peru % (#) | Clinton County % (#) |
| Gender (n=96)/(n=1,081)* | Female | 81.25% (78) | 76.04% (822) |
| | Male | 15.63% (15) | 19.15% (207) |
| | Non-Binary | 0.00% (0) | 0.46% (5) |
| | Other | 1.04% (1) | 0.74% (8) |
| | *Note: Of all 96 Peru respondents, 2.08% (2) declined to answer. Of all Clinton County respondents, 3.61% (39) declined to answer. | | |
| Age (n=96)/(n=1081) | 17 years and younger | 2.08% (2) | 0.37% (4) |
| | 18-24 years | 1.04% (1) | 4.07% (44) |
| | 25-44 years | 35.42% (34) | 35.43% (383) |
| | 45-64 years | 43.75% (42) | 35.25% (381) |
| | 65-79 years | 13.54% (13) | 17.95% (194) |
| | 80 years and older | 4.17% (4) | 6.94% (75) |
| Primary language spoken in household (n=96)/(n=1081) | English | 100.00% (96) | 99.54% (1076) |
| | Chinese | 0.00% (0) | 0.09% (1) |
| | French | 0.00% (0) | 0.00% (0) |
| | Haitian-Creole | 0.00% (0) | 0.00% (0) |
| | Italian | 0.00% (0) | 0.09% (1) |
| | Korean | 0.00% (0) | 0.00% (0) |
| | Polish | 0.00% (0) | 0.09% (1) |
| | Russian | 0.00% (0) | 0.00% (0) |
| | Spanish | 0.00% (0) | 0.00% (0) |
| | Other | 0.00% (0) | 0.19% (2) |
| Race/ethnicity (n = 96)/(n=1081)* | American Indian | 2.08% (2) | 1.39% (15) |
| | Asian or Pacific Islander | 0.00% (0) | 0.74% (8) |
| | Black or African American | 1.04% (1) | 1.20% (13) |
| | Hispanic, Latino or Spanish origin | 1.04% (1) | 1.67% (18) |
| | White | 92.71% (89) | 91.86% (993) |
| | Other | 0.00% (0) | 0.56% (6) |
| | *Note: Of all 96 Peru respondents, 6.25% (6) declined to answer. Of all 1081 Clinton County respondents, 5.27% (57) declined to answer. For this question respondents were asked to select all that apply; therefore, responses will not total 100%. | | |

Clinton County 2022 Community Health Assessment Community Survey Summary
- Town of Peru -

Table 1 Continued. 2022 Clinton County Community Health Assessment Community Survey, Demographics of Respondents

| Demographic | | Peru % (#) | Clinton County % (#) |
|--|---|---------------|-------------------------|
| Highest level of education (n=96)/(n=1081) | Some high school (did not finish) | 1.04% (1) | 3.89% (42) |
| | High school diploma or GED | 12.50% (12) | 15.26% (165) |
| | Technical or trade school certificate | 3.13% (3) | 3.24% (35) |
| | Some college | 8.33% (8) | 13.78% (149) |
| | Associate's degree | 13.554% (13) | 10.82% (117) |
| | Bachelor's degree | 27.08% (26) | 26.46% (286) |
| | Graduate degree | 30.21% (29) | 25.44% (275) |
| | Other | 4.17% (4) | 1.11% (12) |
| Household annual income (n=96)/(n=1081)* | Less than \$10,000 | 0.00% (0) | 4.16% (45) |
| | \$10,000 - \$24,999 | 2.08% (2) | 10.36% (112) |
| | \$25,000 - \$49,999 | 7.29% (7) | 16.10% (174) |
| | \$50,000 - \$99,999 | 32.29% (31) | 29.51% (319) |
| | \$100,000 - \$149,999 | 26.04% (25) | 16.93% (183) |
| | \$150,000 or more | 16.67% (16) | 9.90% (107) |
| | *Note: Of all 96 Peru respondents, 15.63% (15) declined to answer. Of all 1081 Clinton County respondents, 13.04% (141) declined to answer. | | |
| Primary Employment Status (n = 96)/(n = 1081) | Full-time | 63.54% (63) | 54.12% (585) |
| | Part-time | 9.38% (9) | 7.86% (85) |
| | Armed forces | 0.00% (0) | 0.09% (1) |
| | Disabled | 1.04% (1) | 4.72% (51) |
| | Homemaker | 2.08% (2) | 3.52% (38) |
| | Retired | 17.71% (17) | 22.76% (246) |
| | Student | 2.08% (2) | 1.94% (21) |
| | Unemployed | 1.04% (1) | 2.22% (24) |
| | Other | 3.13% (3) | 2.78% (30) |
| Primary Care Provider (n = 96)/(n=1081) | Yes | 92.71% (89) | 90.47% (978) |
| | No | 7.29% (7) | 9.53% (103) |

Clinton County 2022 Community Health Assessment Community Survey Summary - Town of Peru -



Clinton County 2022 Community Health Assessment Community Survey Summary - Town of Peru -

Figure 9: Clinton County Community Health Assessment Community Survey, Peru Physical Health Status (n=96)

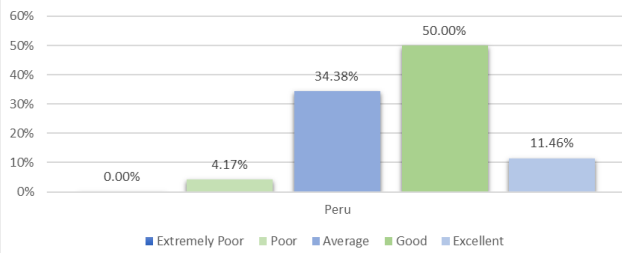


Figure 10: Clinton County Community Health Assessment Community Survey, Peru Mental Health Status (n=96)

