



# Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

[www.clintonhealth.org](http://www.clintonhealth.org)



**Public Health**  
Prevent. Promote. Protect.

---

**Health Planning & Promotion Division**

**Phone: (518) 565-4993**

**Fax: (518) 565-4472**

---

June 30, 2023

Dear Community Partner,

In early 2022, we asked municipalities for assistance in reaching community members for the **2022 Community Health Assessment Resident Survey**. The survey asked residents to share their thoughts and opinions about their health experiences and concerns. Results from the survey were used to develop the [2022-2024 Community Health Assessment](#).

CCHD has developed an individualized report and infographic of responses from residents who indicated they reside within your municipality comparing their responses to those from across the county. Please feel free to share this report and its data.

After reviewing your report, please visit [www.surveymonkey.com/r/CCHDMunicipalReportSurvey](http://www.surveymonkey.com/r/CCHDMunicipalReportSurvey) and complete a short survey. Your feedback will help us ensure we are providing you with information you find useful. Please share the survey link with all staff within your municipality who have the opportunity to review your report.

We thank you for supporting collaborative health planning in our region. Please reach out with any questions.

Sincerely,

Molly Flynn  
Principal Public Health Educator  
Clinton County Health Department  
[Molly.Flynn@clintoncountygov.com](mailto:Molly.Flynn@clintoncountygov.com)



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

# 2022 Community Health Assessment

## Resident Survey Key Findings—Town of Ellenburg\*



As part of the 2022-2024 Community Health Assessment process, the Clinton County Health Department asked county residents for their opinions on health, social and environmental issues in the community. To learn more about the survey and compare your township's data to county level findings, please visit <https://bit.ly/3JobieC>.

**2 in 5** feel their physical health is **good or excellent**.



**41%** of respondents feel **substance abuse** is a top health issue in the community.



The **top two** responses for **environmental challenges** in the community were:



**aging infrastructure**

and



**home safety**



**2 in 5** respondents feel **mental health** is a top health issue in the community.

**48%** reported being **overweight or obese**.



**56%**

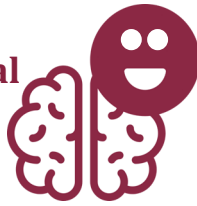
of respondents **agree or strongly agree** that they live in a healthy community.



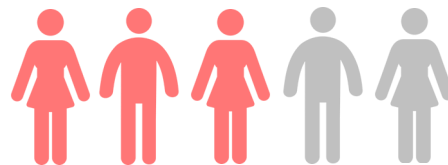
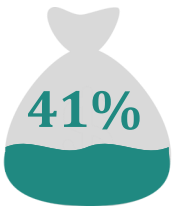
**Top ranked features of a healthy community:**

- Affordable housing
- Livable wages
- Safe environment
- Clean environment
- Good schools

**63%** feel their **mental health** is **good or excellent**.



**41%** of respondents feel **lack of a livable wage** is a social challenge in the community.



**3 out of every 5** respondents faced at least 1 **barrier** to receiving **medical care in the past year**.



More than **half** of respondents identified **lack of opportunities for physical activity** as a top social issue for themselves or their family.

\*During survey fielding, a concentrated effort was made to reach a representative sample of residents, mirroring census population data, from each of the townships in Clinton County. The above results are based on 27 respondents who indicated they reside in **Ellenburg**.

## Introduction

In the spring of 2022 the Clinton County Health Department (CCHD) surveyed Clinton County residents to provide perspective about community health. Residents were asked to identify features of a strong, vibrant, healthy community; for their opinions on health, social and environmental challenges in the community; to identify health and social challenges and any barriers to medical care experienced by themselves or a family member within the past year; and, for demographic information about individual respondents and their households. The summary below outlines what respondents who indicated they reside in the Town of Ellenburg identified as features, challenges or barriers and highlights how they compare to the responses of all Clinton County respondents.

## Findings

A total of 1,081 responses were received from Clinton County residents. Twenty-seven (27) of the respondents indicated they reside in the Town of Ellenburg.

### *Demographics of Survey Respondents*

The overall demographics of survey respondents who reside in the Town of Ellenburg varied only slightly from those of Clinton County respondents overall. Almost three-quarters of survey respondents (74.07%) identified as female and 22.22% of respondents identified as male (3.70% of respondents selected 'other'). In regards to age, the majority of respondents were ages 25-44 (33.33%), followed by ages 45-64 (22.22%), ages 65-79 (22.22%), 80 years and older (14.81%), ages 18-24 (3.70%), and 17 years and younger (3.70%). All respondents indicated that the primary language spoken in their household was English. Ninety-six percent of respondents reported their race/ethnicity as white, while one respondent (3.70%) selected Hispanic, Latino or Spanish origin. The highest level of education completed by survey respondents was diverse; 7.41% completed some high school but did not finish; 25.93% obtained a high school diploma or GED; 29.63% completed some college, obtained a technical or trade school certificate, or an Associate's degree; 18.52% obtained a Bachelor's degree; and 14.81% obtained a Master's degree or higher. The household annual income reported by respondents was lower than that of Clinton County respondents; 29.63% reported a household annual income of less than \$24,999 (11 percentage points higher than county respondents); 14.81% reported \$25,000-\$49,000; 11.11% reported \$50,000-\$99,999 (18 percentage points lower than county respondents); and 29.63% reported \$100,000 or more. The majority of respondents are employed full-time (48.15%) or retired (33.33%). When asked if they had a primary care provider (PCP), 96.30% indicated they were being followed by a PCP, about 6 percentage points higher than county respondents. The breakdown for all respondents' responses to demographic questions can be found in *Table 1*.

### *Definition of a Healthy Community*

When asked whether they believed they live in a healthy community, 55.56% of respondents agreed or strongly agreed that they live in a healthy community. Whereas, 22.22% disagreed or strongly disagreed

## Clinton County 2022 Community Health Assessment Community Survey Summary - Town of Ellenburg -

---

with this statement and 22.22% of respondents felt neutral toward this statement. Respondents were then asked to identify features of a strong, vibrant, healthy community. The top features reported by residents were affordable housing (40.74%); livable wages (40.74%); a safe environment (37.04%); a clean environment (37.04%); and good schools (33.33%). The lowest ranked features were diverse populations (3.70%); walkable and bike friendly communities (3.70%); equality (7.41%); transportation (7.41%); and parks and recreation resources (11.11%). When compared to county responses, Ellenburg residents were more likely to select healthy food choices (10 percentage points) and less likely to select health care services (17 percentage points) as top features. See *Figure 1* for perceptions of living in a healthy community by residents and *Figure 2* for the top features of a strong, vibrant, healthy community.

### *Health Challenges of Concern and Experienced*

Ellensburg residents identified mental health (44.44%); substance abuse (40.74%); issues related to aging (33.33%); access to mental health services (29.63%); and overweight/obesity (29.63%) as the top health related challenges of concern in the community. More than 85% of respondents reported they or a family member experienced one or more health challenge in the past year. The top challenges experienced were issues related to aging (47.83%); overweight/obesity (47.83%); access to dental care (39.13%); cancer (39.13%); and chronic disease (39.13%).

Over two-fifths of respondents identified substance abuse as a health challenge in the community, while just over one-quarter of respondents indicated they or a family member struggled with substance abuse in the past year (the second-highest reported rate by any municipality). Similarly, almost 30% of respondents identified access to mental health services as a challenge in the community, though only 13.04% of respondents reported that they or a family member had difficulty accessing mental health services in the past year. However, over one-third of respondents indicated that they or a family member experienced mental health challenges within the past year. About thirty percent of respondents identified overweight/obesity as a health challenge in the community and just under fifty percent of respondents reported it as a health challenge they or a family member experienced in the past year. Furthermore, over 25% of respondents identified access to health care services as a top health challenge in the community, while just over 20% reported having trouble in accessing health care services. However, almost 60% of respondents reported they or a family member experienced at least one barrier to receiving medical care in the past year. The most reported barriers included; could not afford (37.50%), could not leave work/school (31.25%), and no primary care appointment was available (31.25%). See *Figure 3* for health challenges identified in your community, *Figure 4* for health challenges experienced by residents, and *Figure 8* for barriers to receiving medical care.

### *Social Challenges of Concern and Experienced*

Town of Ellenburg residents identified two of the same top social challenges in the community as all Clinton County residents surveyed; lack of a livable wage (40.74%) and affordable housing (33.33%). Other social challenges in the community identified by residents were child abuse/neglect (40.74%), bullying (25.93%), and lack of support/resources for seniors (25.93%). Seventy percent of respondents reported that they or a family member experienced at least one social challenge in the past year. Nearly 2 in

## Clinton County 2022 Community Health Assessment Community Survey Summary - Town of Ellenburg -

---

5 (40.74%) respondents identified lack of a livable wage as a top social concern in the community, while almost one-third (31.60%) respondents reported they or a family member experienced lack of a livable wage within the past year. More than half (52.63%) of respondents reported that they or a family member lacked opportunities for physical activity within the last year, however only 18% reported it as a social issue of concern in the community. About one-third (31.60%) respondents or a family member lacked support or resources for seniors and 26.32% reported issues accessing childcare or transportation within the last year. See *Figure 5* for social challenges of concern in your community and *Figure 6* for social challenges experienced by residents.

### *Environmental Concerns*

More than half (55.56%) of residents identified aging infrastructure as a top environmental concern in the community. Two-in-five (40.75%) identified home safety as a top environmental concern, while one-third identified climate change, drinking water quality, school safety, or stream, river and lake quality. Ellenburg residents were more likely to select home safety (40.74%) and nuisance wildlife/stray animals (29.63%) than county residents (20.19% and 11.57% respectively). See *Figure 7* for environmental concerns among respondents from the Town of Ellenburg.

### *Self- Perceived Physical and Mental Health*

The majority of respondents self-reported their physical health as average (51.85%) or good (40.74%). Only 3.70% reported their physical health as poor or extremely poor and 3.70% reported their physical health as excellent. A similar pattern in responses was seen for self-reported mental health with 92.60% of respondents reporting their mental health as average, good or excellent; 7.40% of respondents reported their mental health as poor or extremely poor. See *Figure 9* for the self-perceived physical health and *Figure 10* for the self-perceived mental health among respondents from the Town of Ellenburg.

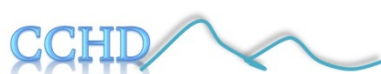
### Learn More

A full report for all Clinton County respondents, including methodology, considerations/limitations and conclusions, can be found included in the 2022-2024 Clinton County Community Health Assessment at [http://www.clintonhealth.org/pdf%20files/CHA\\_CHIP.pdf](http://www.clintonhealth.org/pdf%20files/CHA_CHIP.pdf).

Clinton County 2022 Community Health Assessment Community Survey Summary  
- Town of Ellenburg -

Tables & Figures

<b>Table 1. 2022 Clinton County Community Health Assessment Community Survey, Demographics of Respondents</b>			
<b>Demographic</b>		<b>Ellensburg % (#)</b>	<b>Clinton County % (#)</b>
<b>Gender</b> (n=27)/(n=1,081)*	Female	74.07% (20)	76.04% (822)
	Male	22.22% (6)	19.15% (207)
	Non-Binary	0.00% (0)	0.46% (5)
	Other	3.70% (1)	0.74% (8)
	*Note: Of all 27 Ellensburg respondents, 0.00% (0) declined to answer. Of all Clinton County respondents, 3.61% (39) declined to answer.		
<b>Age</b> (n=27)/(n=1081)	17 years and younger	3.70% (1)	0.37% (4)
	18-24 years	3.70% (1)	4.07% (44)
	25-44 years	33.33% (9)	35.43% (383)
	45-64 years	22.22% (6)	35.25% (381)
	65-79 years	22.22% (6)	17.95% (194)
	80 years and older	14.81% (4)	6.94% (75)
<b>Primary language spoken in household</b> (n=27)/(n=1081)	English	100.00% (27)	99.54% (1076)
	Chinese	0.00% (0)	0.09% (1)
	French	0.00% (0)	0.00% (0)
	Haitian-Creole	0.00% (0)	0.00% (0)
	Italian	0.00% (0)	0.09% (1)
	Korean	0.00% (0)	0.00% (0)
	Polish	0.00% (0)	0.09% (1)
	Russian	0.00% (0)	0.00% (0)
	Spanish	0.00% (0)	0.00% (0)
	Other	0.00% (0)	0.19% (2)
<b>Race/ethnicity</b> (n = 27)/(n=1081)*	American Indian	0.00% (0)	1.39% (15)
	Asian or Pacific Islander	0.00% (0)	0.74% (8)
	Black or African American	0.00% (0)	1.20% (13)
	Hispanic, Latino or Spanish origin	3.70% (1)	1.67% (18)
	White	96.30% (26)	91.86% (993)
	Other	0.00% (0)	0.56% (6)
	*Note: Of all 27 Ellensburg respondents, 7.41% (2) declined to answer. Of all 1081 Clinton County respondents, 5.27% (57) declined to answer. For this question respondents were asked to select all that apply; therefore, responses will not total 100%.		

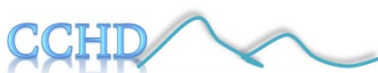
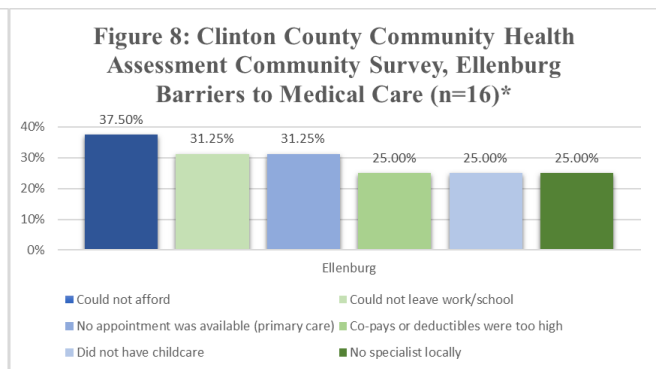
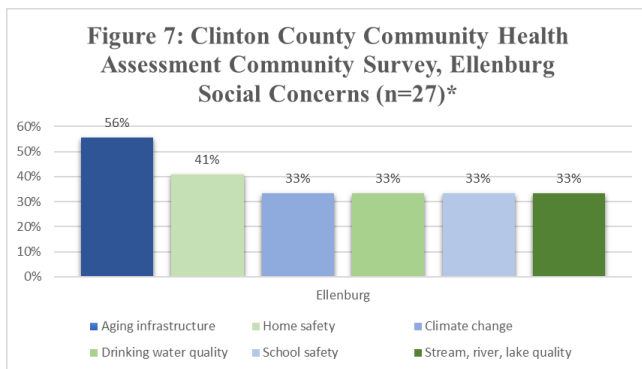
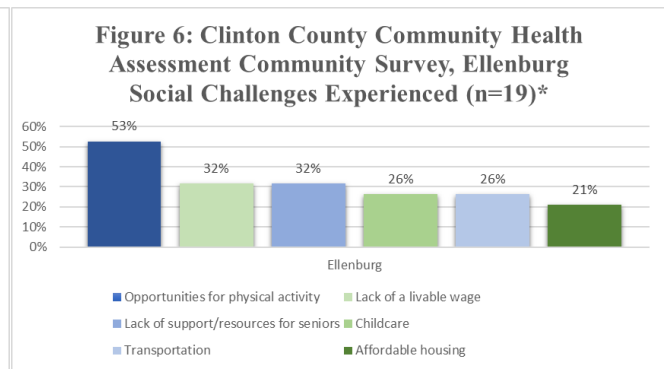
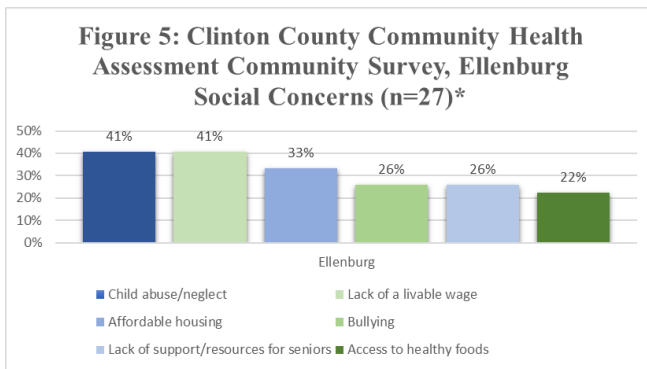
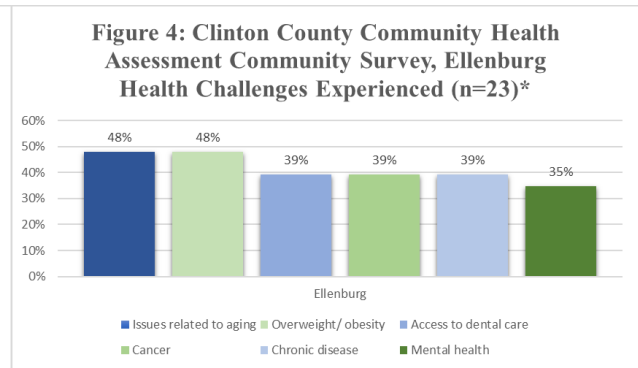
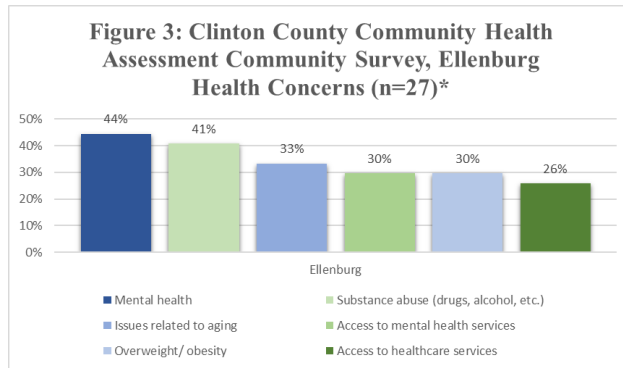
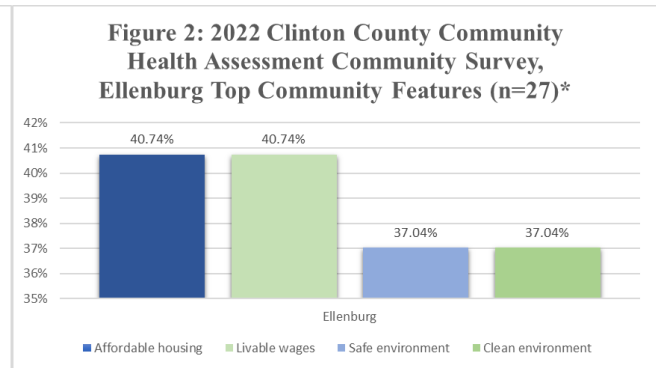
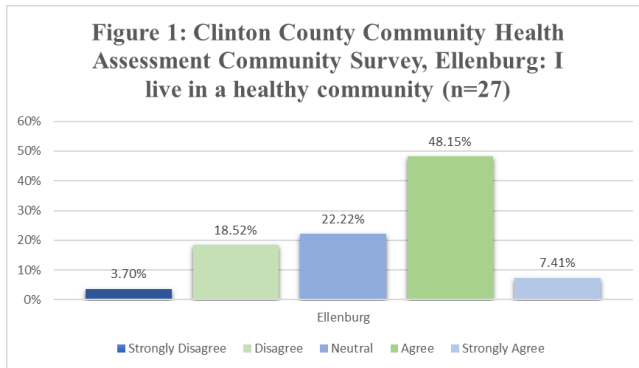


Clinton County 2022 Community Health Assessment Community Survey Summary  
- Town of Ellenburg -

**Table 1 Continued. 2022 Clinton County Community Health Assessment Community Survey, Demographics of Respondents**

Demographic		Ellensburg % (#)	Clinton County % (#)
Highest level of education (n=27)/(n=1081)	Some high school (did not finish)	7.41% (2)	3.89% (42)
	High school diploma or GED	25.93% (7)	15.26% (165)
	Technical or trade school certificate	3.70% (1)	3.24% (35)
	Some college	18.52% (5)	13.78% (149)
	Associate's degree	7.41% (2)	10.82% (117)
	Bachelor's degree	18.52% (5)	26.46% (286)
	Graduate degree	14.81% (4)	25.44% (275)
	Other	3.70% (1)	1.11% (12)
Household annual income (n=27)/(n=1081)*	Less than \$10,000	7.41% (2)	4.16% (45)
	\$10,000 - \$24,999	22.22% (6)	10.36% (112)
	\$25,000 - \$49,999	14.81% (4)	16.10% (174)
	\$50,000 - \$99,999	11.11% (3)	29.51% (319)
	\$100,000 - \$149,999	22.22% (6)	16.93% (183)
	\$150,000 or more	7.41% (2)	9.90% (107)
	<i>*Note: Of all 27 Ellenburg respondents, 14.81% (4) declined to answer. Of all 1081 Clinton County respondents, 13.04% (141) declined to answer.</i>		
Primary Employment Status (n = 27)/(n=1081)	Full-time	48.15% (13)	54.12% (585)
	Part-time	7.41% (2)	7.86% (85)
	Armed forces	0.00% (0)	0.09% (1)
	Disabled	3.70% (1)	4.72% (51)
	Homemaker	3.70% (1)	3.52% (38)
	Retired	33.33% (9)	22.76% (246)
	Student	3.70% (1)	1.94% (21)
	Unemployed	0.00% (0)	2.22% (24)
	Other	0.00% (0)	2.78% (30)
Primary Care Provider (n = 27)/(n=1081)	Yes	96.30% (26)	90.47% (978)
	No	3.70% (1)	9.53% (103)

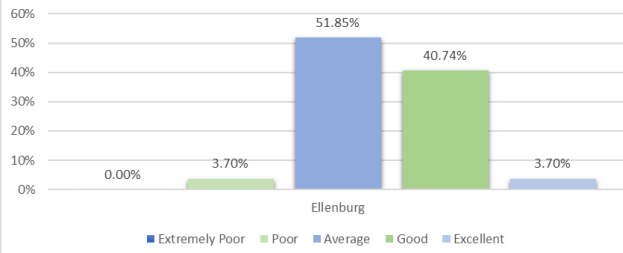
# Clinton County 2022 Community Health Assessment Community Survey Summary - Town of Ellenburg -





# Clinton County 2022 Community Health Assessment Community Survey Summary - Town of Ellenburg -

**Figure 9: Clinton County Community Health Assessment Community Survey, Ellenburg Physical Health Status (n=27)**



**Figure 10: Clinton County Community Health Assessment Community Survey, Ellenburg Mental Health Status (n=27)**

