



Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

www.clintonhealth.org



Public Health
Prevent. Promote. Protect.

Health Planning & Promotion Division

Phone: (518) 565-4993

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June 30, 2023

Dear Community Partner,

In early 2022, we asked municipalities for assistance in reaching community members for the **2022 Community Health Assessment Resident Survey**. The survey asked residents to share their thoughts and opinions about their health experiences and concerns. Results from the survey were used to develop the [2022-2024 Community Health Assessment](#).

CCHD has developed an individualized report and infographic of responses from residents who indicated they reside within your municipality comparing their responses to those from across the county. Please feel free to share this report and its data.

After reviewing your report, please visit www.surveymonkey.com/r/CCHDMunicipalReportSurvey and complete a short survey. Your feedback will help us ensure we are providing you with information you find useful. Please share the survey link with all staff within your municipality who have the opportunity to review your report.

We thank you for supporting collaborative health planning in our region. Please reach out with any questions.

Sincerely,

Molly Flynn
Principal Public Health Educator
Clinton County Health Department
Molly.Flynn@clintoncountygov.com



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

2022 Community Health Assessment

Resident Survey Key Findings—Town of Clinton*



As part of the **2022-2024** Community Health Assessment process, the Clinton County Health Department asked county residents for their opinions on health, social and environmental issues in the community. To learn more about the survey and compare your township's data to county level findings, please visit <https://bit.ly/3JobieC>.

2 in 5 feel their physical health is **good or excellent**.



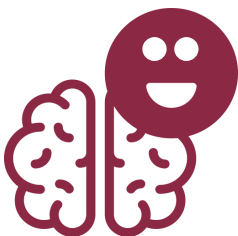
1 in 3 feel **access to healthy food** is a social challenge in the community.



43% reported **chronic disease** as a top health issue for themselves or their family.



42% feel their **mental health** is good or excellent.



65% of respondents feel **affordable housing** is a social challenge in the community.



The **top two** responses for **environmental challenges** in the community were:



aging infrastructure

and



drinking water quality



Almost **half** of respondents feel **access to dental care** is a top health issue in the community.

42%

of respondents **disagree or strongly disagree** that they live in a healthy community.

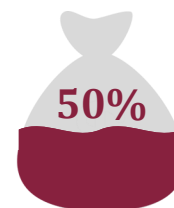


Top ranked features of a healthy community:

- Affordable housing
- Health care services
- Clean environment
- Livable wages
- Drug & alcohol free community



7 out of every 10 respondents faced at least 1 **barrier** to receiving **medical care in the past year**.



Half of respondents identified lack of a **livable wage** as a top social issue for themselves or their family.

*During survey fielding, a concentrated effort was made to reach a representative sample of residents, mirroring census population data, from each of the townships in Clinton County. The above results are based on **26** respondents who indicated they reside in **Clinton**.

Introduction

In the spring of 2022 the Clinton County Health Department (CCHD) surveyed Clinton County residents to provide perspective about community health. Residents were asked to identify features of a strong, vibrant, healthy community; for their opinions on health, social and environmental challenges in the community; to identify health and social challenges and any barriers to medical care experienced by themselves or a family member within the past year; and, for demographic information about individual respondents and their households. The summary below outlines what respondents who indicated they reside in the Town of Clinton identified as features, challenges or barriers and highlights how they compare to the responses of all Clinton County respondents.

Findings

A total of 1,081 responses were received from Clinton County residents. Twenty-six (26) of the respondents indicated they reside in the Town of Clinton.

Demographics of Survey Respondents

The overall demographics of survey respondents who reside in the Town of Clinton varied only slightly from those of Clinton County respondents overall. Almost seventy percent of survey respondents (69.23%) identified as female, 19.23% of respondents identified as male, and 3.85% identified as non-binary (7.69% of respondents chose not to answer this question). In regards to age, the majority of respondents were ages 25-44 (38.46%), followed by ages 45-64 (34.62%), 80 years and older (15.38%), and ages 65-79 (11.54%). There were no responses from individuals age 24 and younger. All respondents indicated that the primary language spoken in their household was English. Respondents from the Town of Clinton were more racially and ethnically diverse than Clinton County respondents. Eighty percent of respondents reported their race/ethnicity as white, while two respondents (7.69%) selected Hispanic, Latino or Spanish origin. One respondent (3.85%) selected each of the following: American Indian, Asian/Pacific Islander, and Black/African American. The highest level of education completed by survey respondents was also diverse. 11.54% completed some high school but did not finish (almost 8% higher than Clinton County respondents); 26.92% obtained a high school diploma or GED; 26.92% completed some college or obtained a technical or trade school certificate, or an Associate's degree; 11.54% obtained a Bachelor's degree; and 23.08% obtained a Master's degree or higher. The household annual income reported by respondents in the Town of Clinton was lower than that of Clinton County respondents. More than half (53.85%) of respondents reported a household annual income of less than \$49,999 (more than 20 percentage points higher than Clinton County respondents) and only 34.61% reported a household annual income of more than \$50,000 (more than 20 percentage points lower than Clinton County respondents). The majority of respondents are employed full-time (53.85%), retired (19.23%), or employed part-time (11.54%). When asked if they had a primary care provider (PCP), almost 80% of respondents indicated they were being followed by a PCP. The breakdown for all respondents' responses to demographic questions can be found in *Table 1*.

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- Town of Clinton -

Definition of a Healthy Community

When asked whether they believed they live in a healthy community, 42.31% of respondents disagreed or strongly disagreed that they live in a healthy community, 19.23% agreed or strongly agreed, and 38.64% of respondents felt neutral toward this statement. Respondents were then asked to identify features of a strong, vibrant, healthy community. The top features reported by residents were affordable housing (73.08%); health care services (38.46%); a clean environment (26.92%); livable wages (26.92%); and drug and alcohol free communities (23.08%). The lowest ranked features were walkable and bike friendly communities (3.85%); diverse populations (7.69%); equality (7.69%); senior housing (7.69%); and transportation (7.69%). When compared to county responses, Town of Clinton residents were more likely to select affordable housing (40 percentage points) and senior services (10 percentage points) as top features. See *Figure 1* for perceptions of living in a healthy community by residents and *Figure 2* for the top features of a strong, vibrant, healthy community.

Health Challenges of Concern and Experienced

Town of Clinton residents identified access to dental care (46.15%); access to health care services (46.15%); overweight/obesity (38.46%); chronic disease (34.62%); and access to health care specialists (34.62%) as the top health related challenges of concern in the community. More than 88% of respondents reported that they or a family member experienced one or more health challenge in the past year. The top challenges reported were chronic disease (43.48%); access to health care specialists (34.78%); issues related to aging (34.78%); access to dental care (30.43%); and lung disease (30.43%).

More than one-third (34.78%) of respondents or a family member experienced issues related to aging as a health issue in the past year, though just 13% of respondents identified it as a health issue in the community. Similarly, 46.15% of respondents identified access to dental care as a challenge in the community, though less than one-third of them reported that they or a family member had difficulty accessing dental care within the past year. Additionally, more than 30% of respondents reported having trouble in accessing mental health services. One-third of respondents identified chronic disease as a health challenge in the community and over 43% of respondents reported it as a health challenge they or a family member experienced in the past year. Furthermore, nearly 47% of respondents identified access to health care services as a top health challenge in the community, while just over 34% reported having trouble accessing health care services. However, almost 70% of respondents reported they or a family member experienced at least one barrier to receiving medical care in the past year. The most reported barriers included; co-pays or deductibles were too high (44.44%), did not accept my insurance (33.33%), no specialist locally (27.78%), could not afford (22.22%), and no specialist appointment was available (22.22%). See *Figure 3* for health challenges identified in your community, *Figure 4* for health challenges experienced by residents, and *Figure 8* for barriers to receiving medical care.

Social Challenges of Concern and Experienced

Town of Clinton residents identified affordable housing (65.38%), access to healthy foods (30.77%), childcare (30.77%), and lack of support for seniors (30.77%) as the top social challenges in the community. Almost 70% of respondents reported that they or a family member experienced at least one social

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challenge in the past year. More than three-in-five (65.38%) respondents identified affordable housing as a top social concern in the community, while less than one third (27.78%) of respondents or their family members experienced issues with affordable housing within the past year. Similarly, 26.92% of respondents identified crime/vandalism as a social challenge in the community, though no respondents reported experiencing it in the past year. Half of respondents reported they or a family member experienced lack of a livable wage in the last year, however only about one-quarter (26.92%) of respondents identified it as a social challenge in the community. About one-third of (30.77%) respondents identified access to healthy food as a top social concern in the community and almost 30% (27.78%) experienced issues with accessing healthy food in their household within the past year. See *Figure 5* for social challenges of concern in your community and *Figure 6* for social challenges experienced by residents.

Environmental Concerns

More than half (53.85%) of residents identified aging infrastructure as a top environmental concern in the community. Two-in-five respondents (46.15%) identified drinking water quality as a top environmental concern, while 26.92% identified air pollution. Town of Clinton residents were less likely to select stream, river or lake quality (15.38%) and school safety (19.23%) than county residents (38.52% and 33.33% respectively). See *Figure 7* for environmental concerns among respondents from the Town of Clinton.

Self- Perceived Physical and Mental Health

The majority of respondents self-reported their physical health as average (46.15%), good (34.62%), or excellent (3.85%). Only 11.54% reported their physical health as poor and 3.85% reported their physical health as extremely poor. A similar pattern in responses was seen for self-reported mental health with 88.46% of respondents reporting their mental health as average, good or excellent; 7.69% of respondents reported their mental health as poor and 3.85% of respondents reported their mental health as extremely poor. See *Figure 9* for the self-perceived physical health and *Figure 10* for the self-perceived mental health among respondents from the Town of Clinton.

Learn More

A full report for all Clinton County respondents, including methodology, considerations/limitations and conclusions, can be found included in the 2022-2024 Clinton County Community Health Assessment at http://www.clintonhealth.org/pdf%20files/CHA_CHIP.pdf.

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Tables & Figures

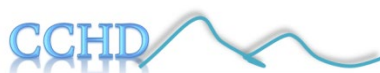
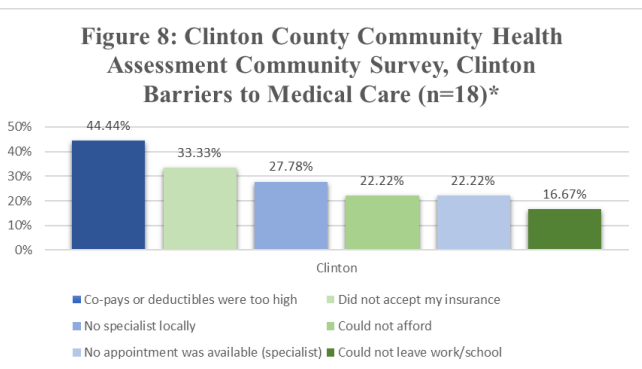
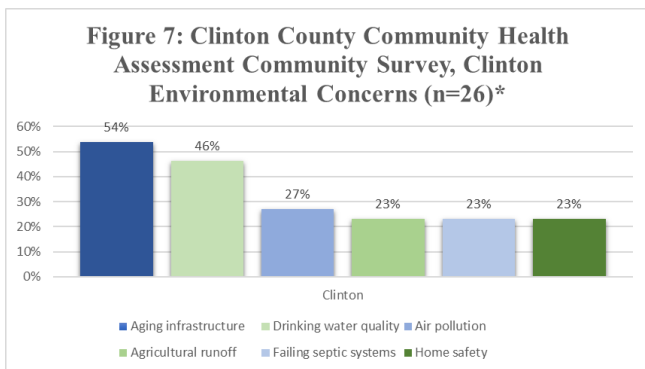
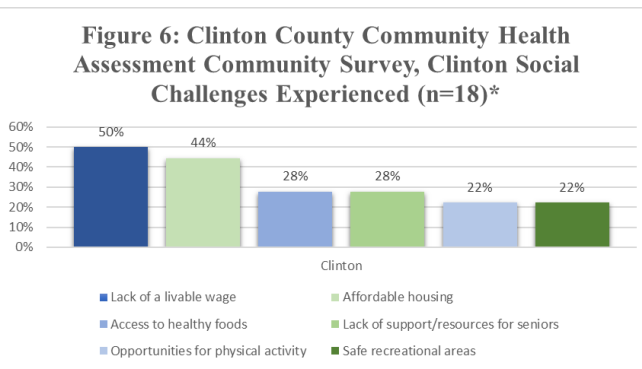
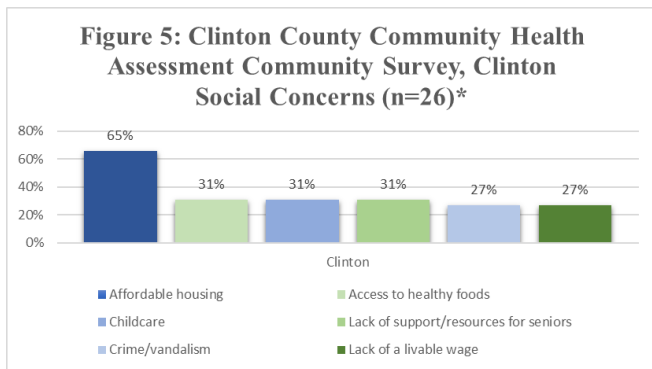
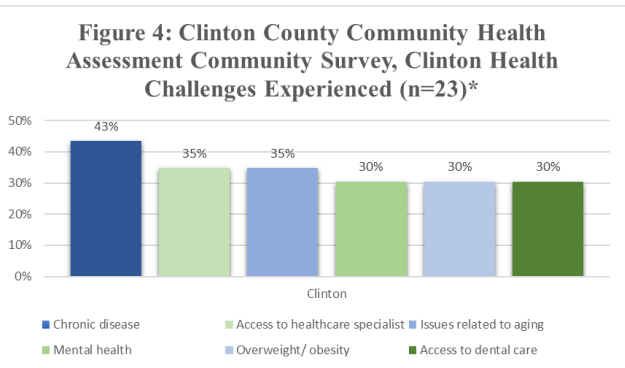
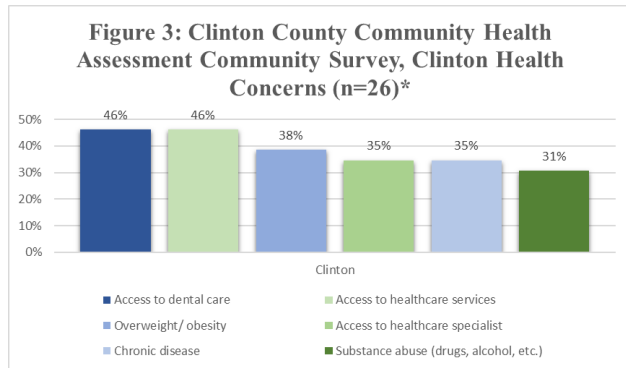
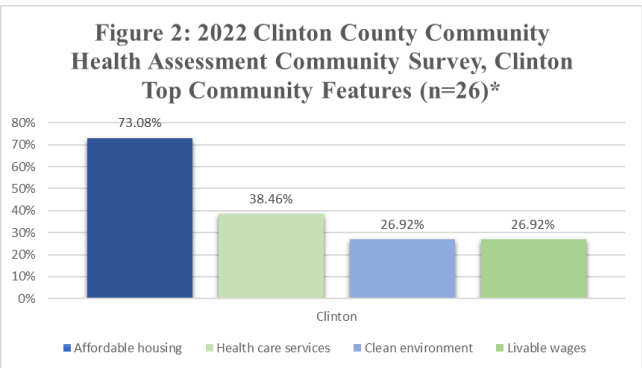
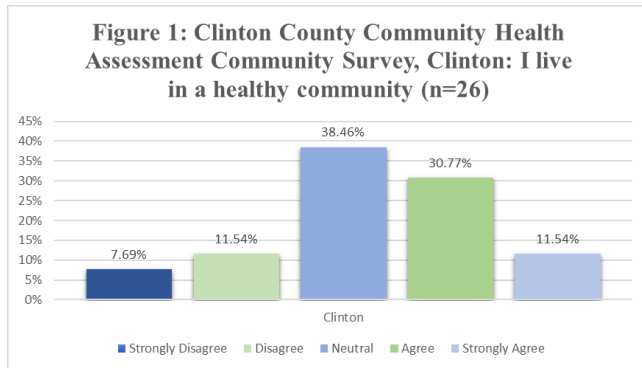
Table 1. 2022 Clinton County Community Health Assessment Community Survey, Demographics of Respondents			
Demographic		Clinton % (#)	Clinton County % (#)
Gender (n=26)/(n=1,081)*	Female	69.23% (18)	76.04% (822)
	Male	19.23% (5)	19.15% (207)
	Non-Binary	3.85% (1)	0.46% (5)
	Other	0.00% (0)	0.74% (8)
	*Note: Of all 26 Clinton respondents, 7.69% (2) declined to answer. Of all Clinton County respondents, 3.61% (39) declined to answer.		
Age (n=26)/(n=1081)	17 years and younger	0.00% (0)	0.37% (4)
	18-24 years	0.00% (0)	4.07% (44)
	25-44 years	38.46% (10)	35.43% (383)
	45-64 years	34.62% (9)	35.25% (381)
	65-79 years	11.54% (3)	17.95% (194)
	80 years and older	15.38% (4)	6.94% (75)
Primary language spoken in household (n=26)/(n=1081)	English	100.00% (26)	99.54% (1076)
	Chinese	0.00% (0)	0.09% (1)
	French	0.00% (0)	0.00% (0)
	Haitian-Creole	0.00% (0)	0.00% (0)
	Italian	0.00% (0)	0.09% (1)
	Korean	0.00% (0)	0.00% (0)
	Polish	0.00% (0)	0.09% (1)
	Russian	0.00% (0)	0.00% (0)
	Spanish	0.00% (0)	0.00% (0)
	Other	0.00% (0)	0.19% (2)
Race/ethnicity (n = 26)/(n=1081)*	American Indian	3.85% (1)	1.39% (15)
	Asian or Pacific Islander	3.85% (1)	0.74% (8)
	Black or African American	3.85% (1)	1.20% (13)
	Hispanic, Latino or Spanish origin	7.69% (2)	1.67% (18)
	White	80.77% (21)	91.86% (993)
	Other	0.00% (0)	0.56% (6)
	*Note: Of all 26 Clinton respondents, 3.85% (1) declined to answer. Of all 1081 Clinton County respondents, 5.27% (57) declined to answer. For this question respondents were asked to select all that apply; therefore, responses will not total 100%.		

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Table 1 Continued. 2022 Clinton County Community Health Assessment Community Survey, Demographics of Respondents

Demographic		Clinton % (#)	Clinton County % (#)
Highest level of education (n=26)/(n=1081)	Some high school (did not finish)	11.54% (3)	3.89% (42)
	High school diploma or GED	26.92% (7)	15.26% (165)
	Technical or trade school certificate	7.69% (2)	3.24% (35)
	Some college	15.38% (4)	13.78% (149)
	Associate's degree	3.85% (1)	10.82% (117)
	Bachelor's degree	11.54% (3)	26.46% (286)
	Graduate degree	23.08% (6)	25.44% (275)
	Other	0.00% (0)	1.11% (12)
Household annual income (n=26)/(n=1081)*	Less than \$10,000	7.69% (2)	4.16% (45)
	\$10,000 - \$24,999	23.08% (6)	10.36% (112)
	\$25,000 - \$49,999	23.08% (6)	16.10% (174)
	\$50,000 - \$99,999	15.38% (4)	29.51% (319)
	\$100,000 - \$149,999	11.54% (3)	16.93% (183)
	\$150,000 or more	7.69% (2)	9.90% (107)
	*Note: Of all 26 Clinton respondents, 11.54% (3) declined to answer. Of all 1081 Clinton County respondents, 13.04% (141) declined to answer.		
Primary Employment Status (n = 26)/(n = 1081)	Full-time	53.85% (14)	54.12% (585)
	Part-time	11.54% (3)	7.86% (85)
	Armed forces	0.00% (0)	0.09% (1)
	Disabled	3.85% (1)	4.72% (51)
	Homemaker	7.69% (2)	3.52% (38)
	Retired	19.23% (5)	22.76% (246)
	Student	0.00% (0)	1.94% (21)
	Unemployed	3.85% (1)	2.22% (24)
	Other	0.00% (0)	2.78% (30)
Primary Care Provider (n = 26)/(n=1081)	Yes	84.62% (22)	90.47% (978)
	No	15.38% (4)	9.53% (103)

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