



Clinton County Health Department

133 Margaret Street, Plattsburgh, New York 12901-2926

“Working Together for a Healthier Community”

www.clintonhealth.org



Public Health
Prevent. Promote. Protect.

Health Planning & Promotion Division

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June 30, 2023

Dear Community Partner,

In early 2022, we asked municipalities for assistance in reaching community members for the **2022 Community Health Assessment Resident Survey**. The survey asked residents to share their thoughts and opinions about their health experiences and concerns. Results from the survey were used to develop the [2022-2024 Community Health Assessment](#).

CCHD has developed an individualized report and infographic of responses from residents who indicated they reside within your municipality comparing their responses to those from across the county. Please feel free to share this report and its data.

After reviewing your report, please visit www.surveymonkey.com/r/CCHDMunicipalReportSurvey and complete a short survey. Your feedback will help us ensure we are providing you with information you find useful. Please share the survey link with all staff within your municipality who have the opportunity to review your report.

We thank you for supporting collaborative health planning in our region. Please reach out with any questions.

Sincerely,

Molly Flynn
Principal Public Health Educator
Clinton County Health Department
Molly.Flynn@clintoncountygov.com



“Persons who have any physical mobility or other needs, call the telephone number above to arrange for accommodations”

2022 Community Health Assessment

Resident Survey Key Findings—City of Plattsburgh*



As part of the **2022-2024** Community Health Assessment process, the Clinton County Health Department asked county residents for their opinions on health, social and environmental issues in the community. To learn more about the survey and compare your township's data to county level findings, please visit <https://bit.ly/3JobieC>.



Half feel their physical health is **good or excellent**.

31%

identified **chronic disease** as a health challenge for themselves or their family.



The **top two** responses for **environmental challenges** in the community were:



aging infrastructure

and



stream, river, lake quality



Almost **half** of respondents feel **substance abuse** is a top health issue in the community.

37%

of respondents **agree or strongly agree** that they live in a healthy community.

Top ranked features of a healthy community:

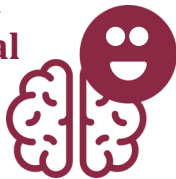
- Affordable housing
- Clean environment
- Healthcare services
- Safe environment
- Good schools

34%

reported **issues related to aging** as a top health issue for themselves or their family.

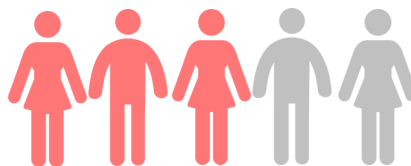


More than **half** feel their **mental health** is **good or excellent**.



50%

of respondents feel **affordable housing** is a social challenge in the community.



3 out of every 5 respondents faced at least 1 **barrier** to receiving **medical care in the past year**.

25%

of respondents identified **street safety** as a social issue for themselves or their family.



*During survey fielding, a concentrated effort was made to reach a representative sample of residents, mirroring census population data, from each of the townships in Clinton County. The above results are based on **341** respondents who indicated they reside in the **City of Plattsburgh**.

Introduction

In the spring of 2022 the Clinton County Health Department (CCHD) surveyed Clinton County residents to provide perspective about community health. Residents were asked to identify features of a strong, vibrant, healthy community; for their opinions on health, social and environmental challenges in the community; to identify health and social challenges and any barriers to medical care experienced by themselves or a family member within the past year; and, for demographic information about individual respondents and their households. The summary below outlines what respondents who indicated they reside in the City of Plattsburgh identified as features, challenges or barriers and highlights how they compare to the responses of all Clinton County respondents.

Findings

A total of 1,081 responses were received from Clinton County residents. Three hundred and forty-one (341) of the respondents indicated they reside in the City of Plattsburgh.

Demographics of Survey Respondents

The overall demographics of survey respondents who reside in the City of Plattsburgh varied only slightly from those of Clinton County respondents overall. Almost three-quarters of survey respondents (73.90%) identified as female and 20.53% of respondents identified as male (3.52% of respondents chose not to answer this question, 1.47% selected 'other' and 0.59% identified as non-binary). In regards to age, the majority of respondents were ages 25-44 (34.60%), followed by ages 45-64 (28.15%), ages 65-79 (24.05%), 80 years and older (7.04%), and ages 18-24 (6.16%). There were no responses from individuals age 17 and younger. The majority of respondents (99.12%) indicated that the primary language spoken in their household was English. Ninety percent of respondents reported their race/ethnicity as white, while 1.76% selected Black or African American, 1.76% Hispanic. Latino or Spanish origin, 1.47% American Indian, 1.17% selected 'other', and 0.88% selected Asian or Pacific Islander. The highest level of education completed by survey respondents was diverse; 5.87% completed some high school but did not finish; 13.78% obtained a high school diploma or GED; 22.87% completed some college, obtained a technical or trade school certificate, or an Associate's degree. A quarter of respondents obtained a Bachelor's degree while over 30% obtained a Master's degree or higher. The household annual income reported by respondents also varied; 7.33% reported a household annual income of less than \$10,000; 13.78% reported \$10,000-\$24,999; 15.84% reported \$25,000-\$49,000; 30.50% reported \$50,000-\$99,999; 21.70% reported \$100,000 or more. The majority of respondents are employed full-time (46.04%), retired (25.51%), or employed part-time (7.62%). When asked if they had a primary care provider (PCP), 89.44% indicated they were being followed by a PCP, while 10.56% indicated they were not. The breakdown for all respondents' responses to demographic questions can be found in *Table 1*.

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Definition of a Healthy Community

When asked whether they believed they live in a healthy community, 36.95% of respondents agreed or strongly agreed that they live in a healthy community, 22.87% disagreed or strongly disagreed with this statement, and 40.18% of respondents felt neutral. Respondents were then asked to identify the top three features of a strong, vibrant, healthy community. The top features reported by residents were affordable housing (41.64%); a clean environment (39.30%); health care services (30.50%); a safe environment (29.03%); and good schools (18.77%). The lowest ranked features were senior housing (7.92%); senior services (7.92%); transportation (7.92%); equality (8.21%); diverse populations (8.50%); and good childcare (9.97%). When compared to county responses, City of Plattsburgh residents were more likely to select affordable housing and less likely to select livable wages as top features (8 percentage points each). See *Figure 1* for perceptions of living in a healthy community by residents and *Figure 2* for the top features of a strong, vibrant, healthy community.

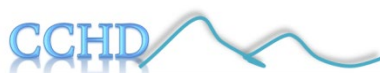
Health Challenges of Concern and Experienced

City of Plattsburgh residents identified substance abuse (45.45%); access to mental health services (40.76%); access to health care services (39.83%); mental health (37.83%); and overweight/obesity (31.63%) as the top health related challenges of concern in the community. More than 91% of respondents reported they or a family member experienced one or more health challenge in the past year. The top reported challenges were issues related to aging (37.06%); chronic disease (34.50%); mental health (33.23%); overweight/obesity (32.59%); and physical activity (32.27%).

Although about half of respondents (45.45%) identified substance abuse as a health challenge in the community, less than 10% of respondents reported it was a health challenge they or a family member experienced within the past year. Similarly, 40.76% of respondents identified access to mental health services as a challenge in the community, though less than 20% reported they or a family member experienced challenges accessing mental health services within the past year. Over one-third of respondents reported they or a family member experienced a chronic disease in the last year, however only about one-quarter of respondents felt it was a health issue on the community. Furthermore, nearly 40% of respondents identified access to health care services as a top health challenge in the community, while just over 18% reported they or a family member had trouble accessing health care services. However, over 60% of respondents reported that they or a family member experienced at least one barrier to receiving medical care in the past year. The most reported barriers included; did not accept my insurance (33.82%), there was no specialist locally (30.92%), no specialist appointment was available (28.96%), copays or deductibles were too high (26.09%), and did not have vision or dental insurance (25.12%). See *Figure 3* for health challenges identified in your community, *Figure 4* for health challenges experienced by residents, and *Figure 8* for barriers to receiving medical care.

Social Challenges of Concern and Experienced

City of Plattsburgh residents identified the same top three social challenges in the community as all Clinton County residents surveyed, affordable housing (49.85%), lack of a livable wage (34.60%), and access to healthy foods (25.51%). Other top-ranked social challenges in the community were identified as



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opportunities for physical activity (24.34%) and street safety (22.58%), both of which are more than 5 percentage points higher than county rankings. More than 4 in 5 (80.94%) respondents reported they or a family member experienced at least one social challenge in the past year. Nearly half (49.85%) of respondents identified affordable housing as a top social concern in the community, while one-third (33.33%) respondents or their family members experienced issues with affordable housing within the past year. Other social challenges experienced by respondents or a family member in the past year included: street safety (31.16%); opportunities for physical activity (37.90%); lack of a livable wage (25.00%); and transportation (19.06%). See *Figure 5* for social challenges of concern in your community and *Figure 6* for social challenges experienced by residents.

Environmental Concerns

Two-thirds (66.86%) of residents identified aging infrastructure as a top environmental concern in the community. Two-in-five (41.06%) selected stream, river or lake quality as a top environmental concern, while 35.78% identified climate change. City of Plattsburgh residents were less likely to select agricultural runoff (17.89%) and more likely to select home safety (27.27%) than county residents (24.44% and 20.19% respectively). See *Figure 7* for environmental concerns among respondents from the City of Plattsburgh.

Self-Perceived Physical and Mental Health

The majority of respondents self-reported their physical health as good (38.12%) or average (35.60%). Only 1.76% reported their physical health as extremely poor, 12.32% reported their health as poor, and 13.20% reported their physical health as excellent. A similar pattern in responses was seen for self-reported mental health with 88.56% of respondents reporting their mental health as average, good or excellent; 12.32% of respondents reported their mental health as poor and just 0.59% of respondents reported their mental health as extremely poor. See *Figure 9* for the self-perceived physical health and *Figure 10* for the self-perceived mental health among respondents from the City of Plattsburgh.

Learn More

A full report for all Clinton County respondents, including methodology, considerations/limitations and conclusions, can be found included in the 2022-2024 Clinton County Community Health Assessment at http://www.clintonhealth.org/pdf%20files/CHA_CHIP.pdf.

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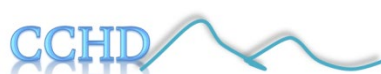
Tables & Figures

Table 1. 2022 Clinton County Community Health Assessment Community Survey, Demographics of Respondents			
Demographic		Plattsburgh (City) % (#)	Clinton County % (#)
Gender (n=341)/(n=1,081)*	Female	73.90% (252)	76.04% (822)
	Male	20.53% (70)	19.15% (207)
	Non-Binary	0.59% (2)	0.46% (5)
	Other	1.47% (5)	0.74% (8)
	*Note: Of all 341 City of Plattsburgh respondents, 3.52% (12) declined to answer. Of all Clinton County respondents, 3.61% (39) declined to answer.		
Age (n=341)/(n=1081)	17 years and younger	0.00% (0)	0.37% (4)
	18-24 years	6.16% (21)	4.07% (44)
	25-44 years	34.60% (118)	35.43% (383)
	45-64 years	28.15% (96)	35.25% (381)
	65-79 years	24.05% (82)	17.95% (194)
	80 years and older	7.04% (24)	6.94% (75)
Primary language spoken in household (n=341)/(n=1081)	English	99.12% (338)	99.54% (1076)
	Chinese	0.00% (0)	0.09% (1)
	French	0.00% (0)	0.00% (0)
	Haitian-Creole	0.00% (0)	0.00% (0)
	Italian	0.00% (0)	0.09% (1)
	Korean	0.00% (0)	0.00% (0)
	Polish	0.29% (1)	0.09% (1)
	Russian	0.00% (0)	0.00% (0)
	Spanish	0.00% (0)	0.00% (0)
Other	0.59% (2)	0.19% (2)	
Race/ethnicity (n = 341)/(n=1081)*	American Indian	1.47% (5)	1.39% (15)
	Asian or Pacific Islander	0.88% (3)	0.74% (8)
	Black or African American	1.76% (6)	1.20% (13)
	Hispanic, Latino or Spanish origin	1.76% (6)	1.67% (18)
	White	90.32% (308)	91.86% (993)
	Other	1.17% (4)	0.56% (6)
	*Note: Of all 341 City of Plattsburgh respondents, 5.28% (18) declined to answer. Of all 1081 Clinton County respondents, 5.27% (57) declined to answer. For this question respondents were asked to select all that apply; therefore, responses will not total 100%.		

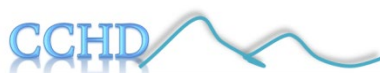
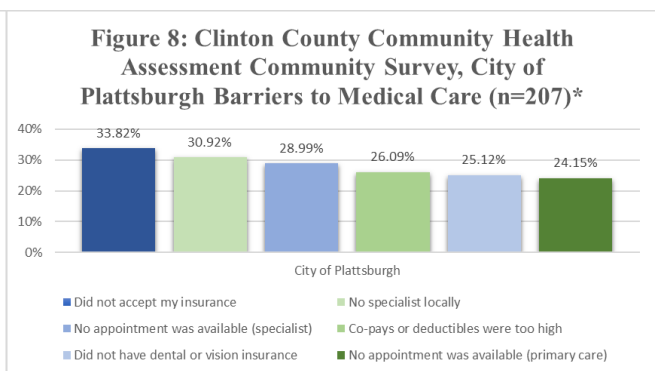
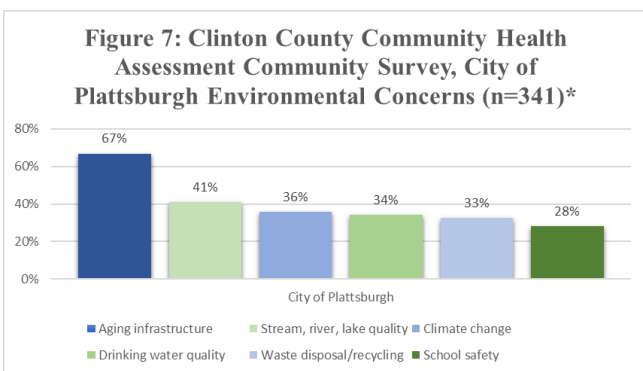
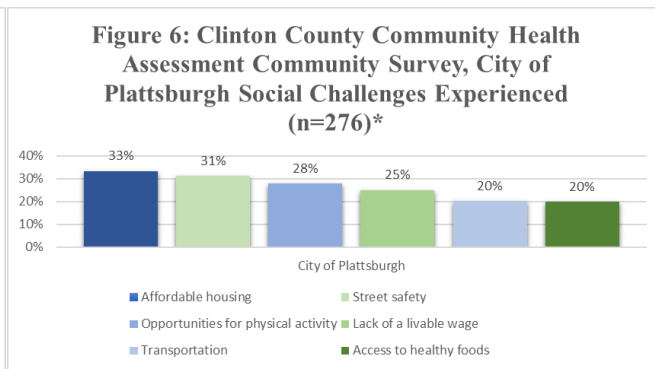
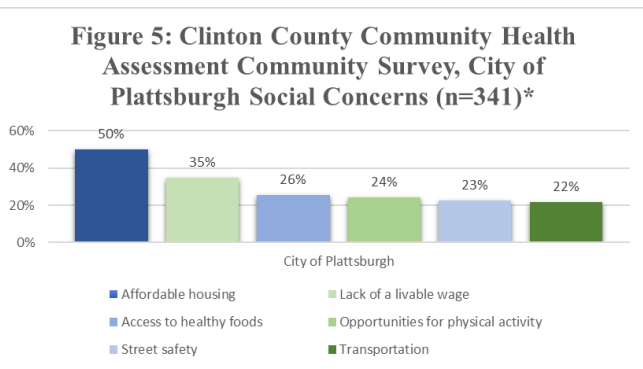
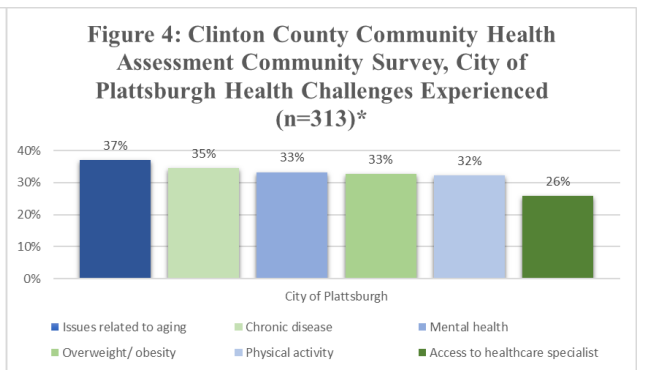
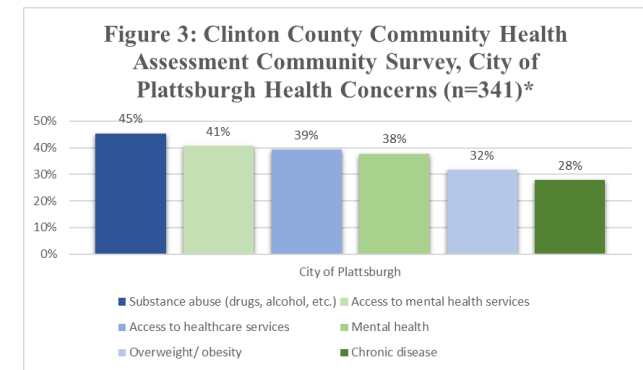
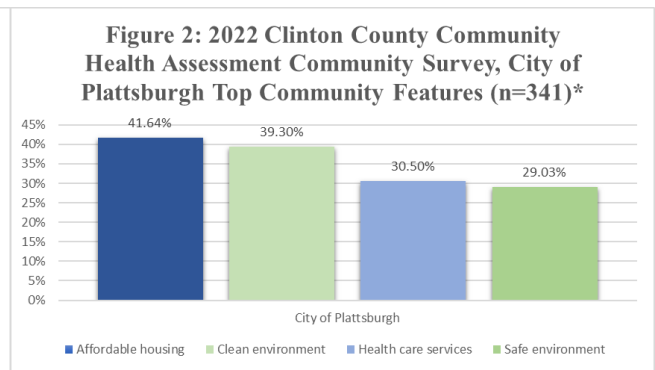
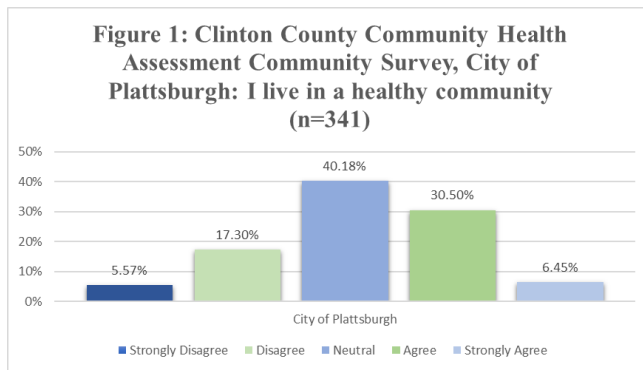
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Table 1 Continued. 2022 Clinton County Community Health Assessment Community Survey, Demographics of Respondents

Demographic		Plattsburgh (City) % (#)	Clinton County % (#)
Highest level of education (n=341)/(n=1081)	Some high school (did not finish)	5.87% (20)	3.89% (42)
	High school diploma or GED	13.78% (47)	15.26% (165)
	Technical or trade school certificate	2.35% (8)	3.24% (35)
	Some college	12.90% (44)	13.78% (149)
	Associate's degree	7.62% (26)	10.82% (117)
	Bachelor's degree	25.81% (88)	26.46% (286)
	Graduate degree	30.21% (103)	25.44% (275)
	Other	1.47% (5)	1.11% (12)
Household annual income (n=341)/(n=1081)*	Less than \$10,000	7.33% (25)	4.16% (45)
	\$10,000 - \$24,999	13.78% (47)	10.36% (112)
	\$25,000 - \$49,999	15.84% (54)	16.10% (174)
	\$50,000 - \$99,999	30.50% (104)	29.51% (319)
	\$100,000 - \$149,999	13.20% (45)	16.93% (183)
	\$150,000 or more	8.50% (29)	9.90% (107)
	*Note: Of all 341 City of Plattsburgh respondents, 10.85% (37) declined to answer. Of all 1081 Clinton County respondents, 13.04% (141) declined to answer.		
Primary Employment Status (n = 341)/(n=1081)	Full-time	46.04% (157)	54.12% (585)
	Part-time	7.62% (26)	7.86% (85)
	Armed forces	0.00% (0)	0.09% (1)
	Disabled	8.80% (30)	4.72% (51)
	Homemaker	2.93% (10)	3.52% (38)
	Retired	25.51% (87)	22.76% (246)
	Student	3.23% (11)	1.94% (21)
	Unemployed	2.64% (9)	2.22% (24)
	Other	3.23% (11)	2.78% (30)
Primary Care Provider (n = 341)/(n=1081)	Yes	89.44% (305)	90.47% (978)
	No	10.56% (36)	9.53% (103)



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Figure 9: Clinton County Community Health Assessment Community Survey, City of Plattsburgh Physical Health Status (n=341)

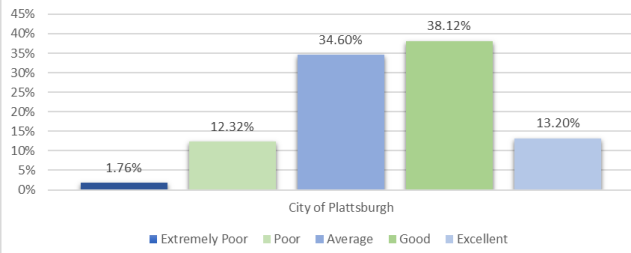


Figure 10: Clinton County Community Health Assessment Community Survey, City of Plattsburgh Mental Health Status (n=341)

