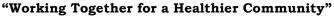


## **Clinton County Health Department**

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## **News Release**

Date: January 13, 2022 For Immediate Release Contact: 518-565-4840

## **NYS Launches Quarantine & Isolation Portals**

**Plattsburgh, January 13, 2022.** Due to the recent surge in cases, the New York State Department of Health (NYSDOH) announced that local health departments are no longer required to contact trace for COVID-19.

During this transition, the Clinton County Health Department (CCHD) and Virtual Call Center (VCC) will continue to prioritize calls to lab-confirmed COVID-19 positive cases to residents who fall in high risks categories. These categories include children in K-12 school setting (ages 18 and younger), those 65 years of age and older, and those who live or work in a congregate setting. However, in light of the continued high volume of new daily cases, lab-confirmed positive cases should not anticipate receiving a phone call.

Individuals testing positive for COVID-19, or those in close contact with someone who has tested positive for COVID-19, are encouraged to access the NYSDOH's website for the most up-to-date guidance for isolation and quarantine. If needed, individuals can also now request an affirmation of isolation or quarantine directly from NYS.

If you have tested positive for COVID-19, stay home and isolate yourself from others for 5 days from symptom onset. Tell your close contacts that you have COVID-19 right away so they can monitor for symptoms. If your symptoms are improving, you may discontinue home isolation on day 6 but you must continue to wear a well-fitted face covering and social distance whenever around others for another 5 days. Visit <a href="https://coronavirus.health.ny.gov/system/files/documents/2022/01/affirmation">https://coronavirus.health.ny.gov/system/files/documents/2022/01/affirmation</a> of isolation 011222.pdf to self-register for isolation paperwork.

If you have tested positive using an at-home test, stay home and isolate yourself from others for 5 days from symptom onset. If your symptoms are improving, you may discontinue home isolation on day 6 but continue to wear a well-fitted face covering and social distance whenever around others for another 5 days. You do not need to seek additional testing unless you require isolation paperwork.

Anyone who has been identified as a high-risk, close contact (i.e. household members, domestic partners) that are not fully vaccinated, including a booster if eligible, should stay home for 5 days from their last interaction with the positive case and monitor for symptoms. Visit <a href="https://coronavirus.health.ny.gov/system/files/documents/2022/01/affirmation\_of\_quarantine\_011222.pdf">https://coronavirus.health.ny.gov/system/files/documents/2022/01/affirmation\_of\_quarantine\_011222.pdf</a> to self-register for quarantine paperwork.

Additional information can be found by visiting <a href="https://coronavirus.health.ny.gov/contact-tracing-frequently-asked-questions">https://coronavirus.health.ny.gov/contact-tracing-frequently-asked-questions</a>.

## **About the Clinton County Health Department:**



The Health Department is an accredited full service department serving the residents of Clinton County. The Health Department's Mission is to improve and protect the health, well-being and environment of the people of Clinton County. Visit our website at <a href="www.clintonhealth.org">www.clintonhealth.org</a> or connect with us on Facebook (@clintonhealth), Twitter (@ClintonCountyHD), and Instagram (clintoncountyhealth).

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